Wellness Services and Products
in LATVIA
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You have in your hand the first LIAA publication giving an insight into the health improvement sphere in Latvia. The publication introduces the services and products supplied by Latvian entrepreneurs – from a variety of medical services to locally-produced high-quality nutritional supplements and natural cosmetics concocted from local raw materials.

Latvia has an age-old and deep-rooted tradition in maintaining a healthy lifestyle. Our first sulphur-spring hydrotherapy institution opened as long ago as 1739 in Barbele, near Bauska. At the end of the 18th century, when sulphur springs, peat muds and sapropels began to be used more in therapy, balneological resorts appeared in Jurmala, Liepaja and Baldone.

The foundations of Latvia’s cosmetic and perfume industry were laid in the 19th century, when Heinrihs Ādolfs Brīgers (Brieger) founded a soap and perfumery factory. Other companies soon appeared in different Latvian cities. The most significant were the Antons Rimeiks chemical factory, which produced toothpastes, cosmetics and candles, the Aleksandrs Tombergs factory, which provided the ladies of that time with perfumes and powders, while the Wilhelmine Kikerts factory supplied packaging to cosmetic producers.

A great variety of recipes for body-care products, containing ash, salts, soda, clay and sapropel have been passed down from generation to generation.

The 1930s saw the industrial extraction and processing of pine oil launched in Latvia. Preparations of pine that help wounds heal and ease breathing are used to this day. Furthermore, oil obtained from pine stumps is used in the treatment of tuberculosis and cancer, helping to improve patients’ health.

Today, Latvia can confidently call itself the Baltic Hub for wellness products and services, because we provide a very extensive range of treatments and products, from oncology treatment with the Rigvir virus preparation to a variety of innovative dietary supplements and cosmetics like bee-bread tablets and goat milk soap. For centuries, our ancestors have used amber both as an ornament and as a medicinal agent. Today, Latvian entrepreneurs are collaborating with local scientists to create new and ever-more effective recipes, for both body and facial skin care, based on amber’s natural oils and acids. In addition, a completely new product has been created – amber filament – with great potential in medical textile products as it has antibacterial properties, blocks UV rays and accelerates skin cell renewal.

This sphere also has a wide range of relatively undeveloped business opportunities such as the bottling of curative natural mineral waters or the establishment of spa resorts. Other niches offering good prospects include the use of muds in eco cosmetics and thermal water extraction.

LIAA hopes that this catalogue will help you find reliable partners in Latvia to implement new business opportunities and use our range of wellness services.
Health tourism is already a rapidly growing sector within Latvian tourism and has very high export potential. The numbers of international patients arriving in Latvia to utilise a variety of medical institutions and services have been growing year on year, particularly from Scandinavia, the CIS and Western Europe. In 2014, export revenue from health services exceeded EUR 8 million, which is almost 10 times more than in 2000. This trend has evolved through a series of demonstrable reasons:

- Highly qualified medical specialists speaking at least two foreign languages
- Up-to-date diagnostic and medical institutions
- Specific medical services only available in Latvia among the Baltic States
- Affordable prices
- Diverse cultural scene and historical heritage
- Moderate climate with no sharp temperature fluctuations, an important factor during recovery periods

In Latvia, international tourists can obtain a wide variety of medical services, including:

- Diagnostics and treatments
- Dental treatment
- Cosmetic, plastic and reconstructive treatment
- Cancer diagnostics and treatment
- Ophthalmology
- Traumatology and Orthopaedic
- Fertility and Reproductive Health
- Phlebology
- Weight-loss treatment
- Rehabilitation
- Spa and Wellness

**Diagnostics and treatments**

One of the most sought-after services by international patients is a full programme of health checks taking from 1 to 3 days, depending on the patient’s age, gender and medical history.

State-of-the-art magnetic resonance imaging, computer tomography, digital radiology, premium-class ultrasound, as well as functional and endoscopic diagnostic equipment enable accurate and high-quality whole-body examinations. Patients have access to treatment in both outpatient clinics and day hospitals.

**Dental treatment**

International patients have rated highly the dental services they have received in Latvia, considering them to be of high quality at reasonable prices. The range of those services is considerable: aesthetic dentistry, dental implants, dental treatment and surgery, dental prosthetics, etc.

The treatment process includes both preventive measures – dental hygiene and gum treatment – and dental treatments with the most up-to-date methods, aesthetic dental solutions, and replacement of missing teeth with implants or different types of prostheses.

Custom-made prosthetic products such as inlays, crowns and bridges are also available in Latvia.

**Cosmetic, plastic and reconstructive treatment**

Plastic surgery is one of Latvia’s most popular health tourism services thanks to its high quality at a reasonable price. Most in-demand are services such as breast augmentation, shape correction and reconstruction after surgical oncology, facial surgery (eyelids, ear and nose correction, cosmetic correction of faces and necks, beauty injections, fatty tissue laser-lipolysis), body surgery (leg shape correction, buttock sculpting, abdominal plastic), scar elimination.

Some plastic surgeons have specialised and accumulated a great deal of experience in working with male patients wanting to overcome congenital disorders in genital development, pathological deformations caused by diseases, implanting artificial organs, restoring blood flow with microsurgery and otherwise treating impotence and infertility, as well as performing sterilisation surgery.

Dr Jānis Ģīlis, President of the Latvian Association Plastic
Computed Tomography (CT) imaging have become essential diagnostic tools used by physicians to reveal the presence and severity of cancers.

**Ophthalmology**

Latvian eye clinics perform a wide range of eye and eyesight health diagnostics. Optical coherent tomography (OCT) is a modern, non-invasive, non-contact method for examining eye tissue. It is particularly important in the treatment of glaucoma.

A number of vision improvement and correction services are offered – intraocular lens implantation, corneal transplantation and vision-correction surgery is performed.

The Baltic States’ only eye prosthetics company, the Walter Prosthetic Laboratory, constructs superior-quality eye prostheses from materials sourced in Germany, the United States and Canada. Eye prostheses, made of glass and synthetic materials, ensure excellent cosmetic outcomes and maximum functionality. The manufacturing time for an individual prosthesis is only one day, the warranty period – two years.

**Traumatology and Orthopaedic**

Latvia’s traumatologists and orthopaedists make accurate diagnoses using the latest technologies, including 3 Tesla magnetic resonance imaging, multilayer computer tomography, digital radiology and joint ultrasonography. A wide range of operations and rehabilitation programmes are available.

Endoprosthetics is also available in Latvia. One of the clinics providing a high level of traumatology and orthopaedics is the ORTO Orthopaedics, Sports Traumatology and Spinal Surgery Clinic, which is currently the only such private centre in the Baltic countries. Latvia’s Olympic Team is an official partner of the clinic.

**Fertility and Reproductive Health**

Latvian clinics provide infertility diagnosis and treatment using the most advanced reproductive techniques:

- Surgical *in vitro* fertilization (IVF)
- *In vitro* fertilization by microinjection (ICSI)
- Intrauterine insemination (IUI)
- Testicular sperm aspiration (TESA)
- Oncofertility
- *In vitro* maturation (IVM)

In addition, genetic examinations of pregnant women and genetic tests during infertility treatment can be performed in Latvia. Sperm-banking services, egg donation programmes and donor embryos are also available.
The Reproductive Genetics Centre at Riga’s IVF Clinic is the only one in the Baltic States where embryos can be genetically tested – either one’s own embryo or the screening (PGS) of donor embryos before their implantation in the uterus.

The MAMA RĪGA Fertility Clinic provides oncofertility services. This is a new word in world medicine, a unique and innovative service, which allows the preservation and restoration of reproductive health after oncologic treatment. In female oncofertility procedures, an ovarian tissue sample is extracted before cancer treatment has started. The extracted tissues are frozen with a special vitrification technology and stored until patients have recovered from their cancer, when the tissues can be transplanted back into the body. The transplanted ovarian tissue starts to restore the hormonal system and reproductive function in a natural way, also restoring the menstrual cycle and women have a good chance of becoming pregnant.

Phlebology

Latvia now has the widest range of vein-diagnostic and -treatment techniques and combinations thereof in the Baltic countries. As well as utilising sclerotherapy, endovenous laser surgery and radio-frequency surgery, specialists also accomplish vein closure with biological glues.

Weight loss treatment

Latvian clinics offer affordable weight-loss surgery for patients suffering from mild to chronic obesity – proven treatments to help lose weight and keep it off. Weight correction centres or programmes offer high-level protein diets, individually developed fitness programmes and body treatments under the supervision of dietitians and doctors. For patients with more serious weight issues, Vertical Sleeve Gastrectomy (VSG) and Roux-n-Y Gastric Bypass (RnY) procedures are available.

Rehabilitation and wellness

Rehabilitation centres, sanatoriums and spa complexes can be found in every region of Latvia, but most are located in Jurmala, just 20 km from Riga. Jurmala is one of the oldest spas in the Baltics, already well-known in the 18th century when hydrogen sulphide springs, peat and sapropel muds began to be used more widely in healing.

Some convalescence institutions provide specialised services, for instance for patients with musculoskeletal and neurological disorders, cardiac and rheumatological diseases, skin, gynaecological and urological conditions.

Jurmala is a member of the Association of Spas and Health Resorts in Europe and in 2005 achieved the World Health Organisation’s Healthy City status. Each bathing season is launched by hoisting Blue Flags at Jurmala’s beaches, a guarantee of quality, safety and excellent amenities. In comparison with Lithuania and Estonia, Latvia has the most Blue Flag beaches, with 12 in 2015.

Springs and mineral waters

Latvia has more than 1,000 above-ground springs of different types. Latvian spring waters are classified according to their content: dzidravoti (clearwater); kāļjavoti (calcic); dzelzsavoti (ferruginous); and mineral waters with healing properties.

Latvia’s mineral waters are themselves divided into three groups, differing in their chemical composition:

• Sulphur mineral waters with high hydrogen sulphide content. These waters flow as natural springs or are obtained from aquifers at depths of up to 20 metres. In total, category A sulphur water volumes have been calculated and approved at 4,064 m³/day, of which only 0.1% are utilised.
• Sodium chloride-containing saline and brackish waters with mineralization between 1 and 35 g/l, obtained from specially installed wells at depths of 200 to 500 metres.
• Sodium chloride-containing salt water with mineralization exceeding 35 g/l, increased levels of bromine up to 500 mg/l and at higher temperatures in situ. These waters are found at depths exceeding 700 metres.

Muds, clays and sapropel

Latvia’s muds are composed of water, minerals and organic compounds. The mud-formation process is a very long one, but the unique feature of Latvia’s muds is their high degree of decomposition. Latvia has a long tradition of mud treatments, the first such resort being founded at Baldone in the early 17th century. Later, resorts were established at Kemerī and Bārbele. Currently, the peat and freshwater muds (sapropels) extracted here are used in medical institutions and spas offering mud therapies such as circulatory improvement, and as pain-relieving and anti-inflammatory agents for the treatment of various diseases. Medical institutions provide various mud applications: mud-hydrogen sulphide baths for treating spinal, joint and chronic nervous-system diseases, chronic muscle diseases, as well as certain skin diseases, scar tissue and trophic ulcers.

Organic sapropel (prototype – mud of the Nile) is composed of organogenic sedimentary rock and is formed in lake beds over many hundreds of years under anaerobic conditions. Sapropel muds have been found in more than 200 Latvian lakes. Sapropel is used in the treatment of skin diseases and for cosmetic purposes as it helps cellulite removal, breaks down fats, and facilitates the elimination of toxins from the body; it helps the removal of blackheads, freckles; prevents hair loss and
If, in antiquity, amber powder was mainly used in facial skin care, amber sand was used for body restoration and correction. Amber sand is now used in masks for body restoration, mixed with a variety of natural bases and essential oils. Amber oil is natural, antiseptic, and an immunity and energy stimulant.

Amber filament, woven into a variety of textile products, has both healing and energy-giving properties. Amber filament is made from very fine amber powder, embedded in a polymer matrix, and is very durable.

**Plants**

Jerusalem artichoke (*Helianthus tuberosus*) is being subjected to in-depth studies in Latvia because of its ability to reduce blood-sugar levels and the risk of osteoporosis. Latvian researchers have succeeded in developing a technology for processing Jerusalem artichoke tubers into long-life products, which could be used throughout the year.

Floral waters (hydrolats) composed of different plant extracts – meadowsweet (*Filipendula*), sea buckthorn (*Hippophae rhamnoides*), nettle (*Urtica*), lilac (*Syringa*), hazelnut (*Corylus avellana*), juniper (*Juniperus communis*), silver fir (*Abies alba*), marigold (*Tagetes*), cornflower (*Centaurea cyanus*), wild rosemary (*Rosmarinus officinalis*) and yarrow (*Achillea*); and scrubs with extracts of dandelion (*Taraxacum officinale*), broadleaf plantain (*Plantago major*); and calendula (*Calendula*) and St. John’s Wort (*Hypericum perforatum*) oils – are just a few of the everyday face and body care products produced in Latvia.

Oat and wheat extracts in hand creams improve dry skin, of particular importance to city dwellers. Dietary supplements with dandelion root and dried blueberries reduce sugar levels. Latvia’s entrepreneurs continue to experiment with garlic, very popular in our country, already supplying garlic tea and sweet garlic caramels.

Various types of fruit and vegetable powders with medical properties are worthy of mention as food supplements.

**Wood products**

Birch (*Betula*) sap is used in body care products as it helps the skin regenerate and prevents cell aging.

Dietary supplements utilise alder bark and buds (*Alnus incana* and *Alnus glutinosa*), which have long been used to improve liver and intestinal tract functions and recovery of the circulatory system. Latvian researchers have managed to extract oregomin from alder bark – structurally close to *curcumin*, a polyphenol widely

**Spa and Wellness**

Spa centres offer an extensive and enjoyable range of services – high-quality face and body treatments, massages, health and beauty rituals, baths, spa and skincare products, knowledgeable specialists, and a personal and individual approach, ensuring excellent value for money.

The various procedures not only help guests relax and regain strength, but also improve their health, since natural remedies are used in Latvia’s rural spas. Guesthouses and rural spa centres offer massages using various medicinal plants, whereas the Latvian sauna experience is an authentic bath ritual under the care of an experienced professional.

**WELLNESS PRODUCTS**

Although Latvia is not known as a major producer of supplements and body care products, the pristine, wild nature of Latvia and the diversity of its unusual flowers and herbs, berries, etc. has inspired a number of Latvian entrepreneurs to create new and innovative products that stand out for their quality and unique properties.

A number of nutritional supplements are being developed through active collaboration between scientists and doctors. A striking example is the involvement of Latvian cardiologists in the development of a high-quality product from dark chocolate. Centuries-old recipes (for example, ash, salt, and soda in personal care products) are being rejuvenated to create new products, supplemented by newly discovered, high-quality local ingredients, of which the following are characteristic of Latvian products:

**Amber**

Amber and products processed from it are utilised in medicine, personal-care products and medical textiles. Amber’s succinic acid is a natural biological stimulator, strengthening immunity, regulating the body’s metabolism, purifying and restoring tissues and organs.
Cow and goat milk

Whey, processed by a special technology and used in cosmetics provides high efficacy in the treatment and care of skin. Through its innovative ingredients, natural cosmetic line Pien-Dairy SPA has no analogues and is unique in the world.

The valuable properties of goat milk have long been praised – in addition to calcium, potassium, vitamin B6, selenium, copper and niacin, goat milk contains lysozyme – also found in dog saliva and having natural disinfecting action, which naturally helps the body’s immune system perform its important task. Lysozyme-containing products are used for particularly sensitive skin.

Apiculture products

Chewable pastilles and capsules containing 100% natural bee bread collected in Latvia, containing 240 biologically active substances, supply energy and strengthen immunity.

A range of creams with a unique formula features organically produced and certified honey, particularly high-quality, pure organic plant oils and plant hydrolats as their active ingredients. Natural plant waxes and beeswax are used in the preparation of moustache- and beard-care products, and numerous body and facial care products have also been created.

A unique apiculture product is royal jelly produced by worker bees to feed their queen. Royal jelly is a particularly potent biological stimulator, promoting brain function and the body’s overall physical health. Propolis and dried pollen are used both in food supplements and body care products.

Cosmetic products meeting vegan, halal or yoga requirements are also produced in Latvia. High-quality professional, Latvian-produced cosmetics are increasingly being used by local beauty salons, spas and rehabilitation centres.

R&D POTENTIAL

Latvia’s latest scientific achievements in the medical field include:

• Biomaterials for bone tissue replacement and regeneration; development and research of eco- or environmentally friendly materials, including investigations of those naturally occurring in Latvia, including: illite clay, being studied by the Rudolf Cimdiņa Riga Biomaterials Innovation and Development Centre, the most modern and largest biomaterials research centre in the Baltic States;
• Biometrics research results obtained from human palm vein patterns, soft sensors and a portable, computerised anthropometric-measurement system for...
patient screening, designed by the Latvian Institute of Electronics and Computer Science;
• Innovative devices for the control of anaesthesia, designed by the Biophotonics Research Group at the University of Latvia;
• Diagnostic options for oncological diseases, introduction of cyclotron technology and launch of positron-emission radiopharmaceutical production, introduction and diagnostic manipulation of positron-emission tomography/computer tomography (PET/CT) methods by the Nuclear Medical Centre;
• Filament containing Baltic amber for the development of innovative bio-textiles from the Institute of Biomedical Engineering and Nanotechnologies;
• New plant stem-cell cultures developed for cosmetics manufacturers by the Plant Molecular Genetics Group at the University of Latvia;
• Extracts from the bark of European hardwood trees as a food constituent, by the Latvian State Institute of Wood Chemistry;
• Bamboo lasers for home use developed and patented by Latvian doctors;
• Ultrafiltration application options for extracting raw materials with unusual properties from intermediate products in plant-processing waste, by the Institute of Innovative Biomedical Technology.

Areas for Potential Investment

Construction of rehabilitation centres and reconstruction of historic spa buildings and rehabilitation institutions.

Clinical studies covering Phases I to IV in almost all therapeutic areas – oncology, cardiovascular diseases, rheumatology, gastroenterology, respiratory, neurology, urology, ophthalmology, etc.

Application of natural healing mineral waters in organic cosmetics, and bottling.

Thermal wells and their use; creation of public baths with thermal waters, thermal waters for heating.

Utilisation of muds in organic cosmetics.

Hotels offering dental services, development of chains.
### Major Product Lines

**Wellness Services**

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<thead>
<tr>
<th>Product Line</th>
<th>Wellness Services</th>
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<tbody>
<tr>
<td>SSA &amp; Wellness</td>
<td>Rehabilitation, Diagnosis and Treatment</td>
</tr>
<tr>
<td>SPA &amp; Wellness</td>
<td>Dentistry, Cosmetic, Plastic and Reconstructive Treatment, Ophthalmology, Cancer Diagnostic and Treatment, Traumatology &amp; Orthopaedic, Fertility and Reproductive Health, Phlebology, Weight Loss Treatment, Other</td>
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<tr>
<td>SPA and Wellness</td>
<td>Natural Cosmetics and Body Care, Professional Cosmetics and SPA Products, Vegan Cosmetics, Food Supplements, R&amp;D, Other</td>
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1. SS MARTES  
2. ACADEMY VITALITY  
3. AD SMART  
4. ADENTA  
5. ALMERA  
6. AMBER COSMETICS  
7. AMBER DEW  
8. ANNE EXPORT  
9. APTIEKAS PRODUKCIA  
10. ATTIRANCE  
11. AUGLĪBAS KLINIKA MAMA RĪGA  
12. AWA CLINIC  
13. B2Y  
14. BALT ALIANCE  
15. BALTIC DENTAL SERVICES  
16. BBH INVESTMENTS  
17. BEE BITE  
18. BERNU KLINIKA MAMA RĪGA  
19. BF-ESSE  
20. BIAPHRAMA  
21. BIODINAMIKA  
22. BIONORM  
23. BIOPGANIK 5  
24. BRIZ  
25. CAPITAL CLINIC RĪGA  
26. CARDO-PRACTICE PLUS  
27. CITA LIETIJA  
28. CLS TECHNOLOGY  
29. CORRECT  
30. COSMETICS NORD  
31. DABIA  
32. DENTIS  
33. DENTAL ART  
34. DENTAL ESTETIKA  
35. DENTPLAN  
36. DENTALTIK  
37. DZKLI PILS  
38. FIOATOS  
39. DR. SOLOMATINA ACU REHABILITĀCIJAS UN REDZES KOREKCIJAS CENTRS  
40. DZENTARS  
41. EKO BEE  
42. ELEKTĀ  
43. ELPA-2
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<td>Vegan/yoga cosmetics</td>
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<td>Food supplements</td>
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<td>R&amp;D</td>
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<td>180</td>
<td>Other</td>
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</table>

Wellness Services
| 86 | NATURAL BEAUTY | SPA and Wellness | Rehabilitation | Dentistry | Cosmetic, plastic and reconstructive treatment | Ophthalmology | Cancer diagnostics and treatment | Traumatology & Orthopaedic | Fertility and Reproductive Health | Other | Natural cosmetic and body care | Professional cosmetic and SPA products | Food supplements | MD | Other |
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| 98 | RIGAS FARMACEITSKA FABRIKA | | | | | | | | | | | | | |
| 99 | RIGAS STRADINAS UNIVERSITATES STOMATOLOGIJAS INSTITUTS | | | | | | | | | | | | | |
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| 110 | SKY DREAM CLINIC | | | | | | | | | | | | | |
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| 112 | 3POORIBA | | | | | | | | | | | | | |
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| 114 | SRC "SIGULDA" | | | | | | | | | | | | | |
| 115 | STENDERS | | | | | | | | | | | | | |
| 116 | STRAUJIES SK | | | | | | | | | | | | | |
| 117 | SUNNY FACTORY | | | | | | | | | | | | | |
| 118 | THE HOUSE OF FRAGRANCE | | | | | | | | | | | | | |
| 119 | TONUS ELAST | | | | | | | | | | | | | |
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ACADEMY VITALITY
Legal form: Ltd
Address: Audēju iela 14-3, Rīga, LV-1050, Latvia; “Lejas Raķi”, Lažas pag., Aizputes nov., LV-3456, Latvia
Phone: +371 6021602
E-mail: info@academyvitality.com
Website: www.academyvitality.com
Member of the Board: Ms Maija Atvara
Contact: Ms Astra Dreimane
Position of the contact person: Manager
Languages spoken: Latvian, English, Russian
Number of employees: 21
Founded in: 2013
Turnover in 2014: EUR 34 000
Main markets: Latvia, Lithuania, Estonia, Russia
Business profile: Closed-type weight correction centre, with high-level protein diets, individually developed fitness programmes and body treatments under the supervision of dietitians and doctors. Seeking cooperation in: See Business profile.

ADENTA
Legal form: Ltd
Address: Skanstes iela 52A, Rīga, LV-1013, Latvia
Phone: +371 67339300
Fax: +371 67339303
E-mail: adenta@adenta.lv
Website: www.adenta.lv
Member of the Board: Mr Viktors Avšštols
Contact: Ms Gunita Cvetkova
Position of the contact person: Manager Assistant
Languages spoken: Latvian, English, Russian
Number of employees: 42
Founded in: 2008
Turnover in 2014: EUR 1 800 000
Turnover in 2013: EUR 1 500 000
Main markets: Latvia, Lithuania, Estonia and other EU countries, Russia
Business profile: General dentistry, restoration and replacement of teeth (using metal-ceramic or zirconia-ceramic crowns, bridges, implants and complete dentures), dental implants and surgery, periodontics (treatment of gums and underlying bone), orthodontics (regulation of teeth using ceramic, gold or lingual braces), aesthetic treatment (teeth whitening (bleaching), porcelain veneers), endodontic treatment (with microscope).
Seeking cooperation in: See Business profile.

AUGLĪBAS KLINIKA MAMA RĪGA
(MAMA RĪGA Fertility Clinic)
Legal form: Ltd
Address: Vingrotāju iela 1, Rīga, LV-1010, Latvia
Phone: +371 66900400, +371 29494455
E-mail: info@ivf.lv
Website: www.ivf.lv
Member of the Board: Mr Imants Smirnovs
Contact: Ms Larisa Bicovska
Position of the contact person: Chief medical client manager
Languages spoken: Latvian, English, Russian
Number of employees: 25
Founded in: 2014
Main markets: Latvia, Lithuania, United Kingdom, Germany, Russia, United Arabian Emirates (UAE), Finland, Sweden, Norway
Business profile: Fertility treatment and preservation clinic. We offer a wide range of medical services mainly focusing on male and female infertility treatment (IVF, IVF ICSI, IUI, IVM), donor programs (IVF with donor sperm, with donor oocytes or with both donor sperm and oocytes), gynaecology, urology & andrology, reproductive genetics (karyotyping, AZF factor, PGD), embryological laboratory services (fertilisation and cultivation, embryo vitrification, oocyte vitrification, sperm vitrification, ovarian tissue processing and freezing, hatching, IVM), cryobank (gametes, embryos and ovarian tissue storage in liquid nitrogen and liquid nitrogen vapor), oncofertility (special programs for women and men - fertility health preservation and recovery after oncoligic disease treatment).
Clinic’s leading professionals have more than 20 years of experience in reproductology, embryology, fertility preservation and infertility treatment. MAMA RĪGA Fertility Clinic created a unique cryobank in the Baltic States. It is unique, because this high-technology allows to safely freeze not only the gametes (embryos, sperm, oocytes) in liquid nitrogen, but also the tissues in liquid nitrogen vapors. It is constructed accordingly to all requirements of the EU.
AV A CLINIC
Legal form: Ltd
Address: Vilandišes iela 3, Riga, LV-1010, Latvia
Phone: +371 67001007
Fax: +371 67358484
E-mail: info@avaclinic.lv
Website: www.avaclinic.lv
Chairman of the Board: Mr Juha Antti Tuominen
Contact: Ms Nadezda Martinova
Position of the contact person: General Manager
Languages spoken: Latvian, English, German, Russian
Number of employees: 26
Founded in: 2004
Turnover in 2014: EUR 2 400 000
Turnover in 2013: EUR 1 600 000
Main markets: Latvia, Nordic countries
Business profile: AVA Clinic is part of a European network of infertility treatment clinics founded in 1993 with recognised authority and an impeccable reputation in its field.

Seeking cooperation in: As a result of the clinic’s competence and professionalism, we are pleased to present Latvia to the international market as a provider of highly advanced fertility services. Our aim is to bring new life into this world.
Certificates in use: ISO 9001, Tissue and Cell Centre by State Agency of Medicines, Certificate for activity from State Health Inspectorate

BALT ALIANCE
(Baltvilla 4-Star Hotel and Baltezers Health Centre)
Legal form: Ltd
Address: Senču prospekts 45, Baltezers, Garkalnes nov., LV-2164, Latvia
Phone: +371 67990240, +371 29150022
E-mail: info@vcbaltezers.lv
Website: www.baltvilla.lv
General Manager: Mr Guntis Osis
Contact: Mr Guntis Osis
Position of the contact person: General Manager
Languages spoken: Latvian, English, Russian
Number of employees: 80
Founded in: 1996
Turnover in 2014: EUR 2 400 000
Turnover in 2013: EUR 2 400 000
Main markets: Latvia, Nordic countries
Business profile: The company offers accommodation and catering services in the 4-star Baltvilla hotel and rehabilitation and wellness services in the building next to the hotel – the Baltezers Health centre. The Baltezers Health centre offers a full range of medical rehabilitation services: evaluation by doctor rehabilitologists, physiotherapy, electrotherapy, hydrotherapy and occupational therapy. We also have a gym, specialized equipment for gate training, different gymnastic options: Pilates, yoga, Healthy back, etc. We also offer spa treatments such as different relaxing spa massages, facial treatments, and a jacuzzi. The property has its own lakeside beach, guests can use boats, etc.
Seeking cooperation in: Looking for partners to get customers for hotel accommodation and the health centre – rehabilitation and spa services.

BALTIC DENTAL SERVICES
Legal form: Ltd
Address: Krišjāņa Barona iela 33A-22, Riga, LV-1011, Latvia
Phone: +371 66002528
E-mail: info@maxilla.lv
Website: www.maxilla.lv
Chairman of the Board: Mr Felikss Jakubovs
Contact: Mr Ilja Glikmanis
Position of the contact person: Director
Languages spoken: Latvian, English, Russian
Number of employees: 12
Founded in: 2011
Turnover in 2014: EUR 361 000
Turnover in 2013: EUR 320 000
Main markets: Latvia
Seeking cooperation in: Provision of dental treatment programmes (dental tourism) to foreign patients.
BBH INVESTMENTS
Legal form: Ltd
Address: Jūras iela 23/25,
Jūrmala, LV-2015, Latvia
Phone: +371 67771400
Fax: +371 67771420
E-mail: info@balticbeach.lv
Website: www.balticbeach.lv
Chairwoman of the Board: Ms Iluta Kalniņa
Contact: Ms Nadežda Smorodina
Position of the contact person: Office Manager
Languages spoken: Latvian, English, Russian
Number of employees: 387
Founded in: 1991
Turnover in 2014: EUR 12 400 000
Turnover in 2013: EUR 11 500 000
Main markets: EU, Russia, Ukraine, Belarus
Business profile: Food & beverage, spa, conferences, accommodation services, children’s room, private beach.
Seeking cooperation in: See Business profile.

BĒRNU KLĪNISKĀ
UNIVERSITĀTES
SLIMNĪCA
(Children’s Clinical
University Hospital)
Legal form: Ltd
Address: Vienības gatve 45,
Rīga, LV-1004, Latvia
Phone: +371 67064470
Fax: +371 67064473
E-mail: info@bkus.lv
Website: www.bkus.lv
Chief Executive Officer: Ms Anda Čakša
Contact: Ms Inga Sproģe
Position of the contact person: Marketing Specialist
Languages spoken: Latvian, English, Russian
Number of employees: 1935
Founded in: 1899
Turnover in 2014: EUR 32 600 000
Turnover in 2013: EUR 29 400 000
Export volume 2014: EUR 14 800
Main markets: Latvia, Russia, Ukraine, Belarus and other CIS countries
Business profile:
• General paediatrics
• Children’s cardiology and cardiac surgery
• Children’s surgery
• Child neurology and neurosurgery
• Neonatology
• Eye diseases
• Anaesthesia and intensive care
• Rehabilitation
• Medical Genetics and Prenatal diagnosis
• Diagnostic radiology
• Functional diagnostics
• Endoscopy
Seeking cooperation in:
• Agencies which specialise in the acquisition of foreign patients
• Travel agencies
• Healthcare institutions
• Hotels
Certificates in use: LVS EN ISO 15189
(Accreditation certificate confirms that the Children’s Clinical University Hospital’s Laboratory is competent to carry out testing according to the requirements of standards in the following areas: haematological, clinical, coagulation, clinical chemistry, immunochemistry, immunohaematology, microbiological, molecular biology, cytogenetic testing of human material).

CAPITAL CLINIC RIGA
Legal form: Ltd
Address: Duntes iela 15A,
Rīga, LV-1005, Latvia
Phone: +371 66333333,
+371 29334224
E-mail: info@capitalclinicriga.lv
Website: www.capitalclinicriga.lv
Chairwoman of the Board: Ms Evija Mirzojana
Contact: Ms Linda Stale
Position of the contact person: Medical Tourism Service specialist, Health Centre 4 clinics
Languages spoken: Latvian, English, Russian
Number of employees: 71
Founded in: 2013
Turnover in 2014: EUR 242 000
Main markets: Latvia, Russia, UK
Business profile: Capital Clinic Riga offers a wide range of premium-class medical services, including the most modern physical examinations and treatments. Diagnostic, functional diagnostic, general-health check-up programmes, treatment (cardiology, internal medicine, gynaecology, otolaryngology, dermatology, urology, endocrinology, ophthalmology, etc.), rehabilitation, laser and surgical manipulations, sports medicine, pregnancy care, paediatrics, etc.
Seeking cooperation in: The provision of high-quality healthcare.
CARDIO-PRACTICE PLUS
Legal form: Ltd
Address: Mišlas iela 6, Jūrmala, LV-2011, Latvia
Phone: +371 67753629
Fax: +371 67753629
E-mail: info@cardio-practice.com
Website: www.cardio-practice.com

Head: Mr Uģis Rožkalns
Contact: Ms Inguna Rožkalne-Zubure
Position of the contact person: Proctor
Languages spoken: Latvian, English, Russian
Number of employees: 10
Founded in: 2013
Turnover in 2014: EUR 30 000
Turnover in 2013: EUR 1 1 000
Main markets: Latvia

Business profile: We offer full recreational services and complete body check-ups. A doctor will examine patients upon arrival and prescribe preferred procedures to regenerate energy and overall health. We offer a full translation service for every step in a number of languages, including Chinese and Japanese.

Seeking cooperation in: We are looking for potential partners in Asia, Europe and the CIS countries. Focusing on opportunities to offer our services overseas to their patients. We are interested in meeting niche travel agencies, other recreational centres, opinion leaders, niche mass media and other recreational tourism-related parties.

DENTAL ART
Legal form: Ltd
Address: Lāčplēša iela 35-6, Rīga, LV-1011, Latvia
Phone: +371 67278933, +371 29207418
E-mail: info@dentalart.lv
Website: www.dentalart.lv

Director: Mr Sergejs Andrijevskis, Implantologist
Contact: Ms Elena Sutra
Position of the contact person: Marketing Director
Languages spoken: Latvian, English, Swedish, Russian
Number of employees: 25
Founded in: 2008
Turnover in 2014: EUR 466 000
Turnover in 2013: EUR 277 000
Main markets: Latvia

Business profile: The Dental Art dental clinic provides all the main dental services including general dentistry, dental surgery, dental implantology, orthodontics, prosthetics (removable and non-removable dentures), dental hygiene and teeth bleaching. We offer dental treatment for both adults and children. The clinic provides different kinds of anaesthesia and sedation.

Seeking cooperation with: Insurance companies wishing to reduce their expenditure in dentistry; Clinics looking either to outsource particular treatments or expand their services, to overtake their competitors; Large companies wishing to establish or improve their employee loyalty programmes; Dental associations, dentistry schools and clinics who could use an opportunity to bring some cultural diversity to education and postgraduate programmes in aesthetic dentistry and the management of dental practices. Travel agencies, as well as agents who deal with medical tourism.

DENTAL ESTETIKA
Legal form: Ltd
Address: Antonijas iela 8-1, Riga, LV-1010, Latvia
Phone: +371 29490281
E-mail: info@latviadental.eu
Website: www.latviadental.eu

Chairwoman of the Board: Ms Natalja Orlova
Contact: Ms Natalja Malina
Position of the contact person: Assistant to Director
Languages spoken: Latvian, English, Russian
Number of employees: 19
Founded in: 2002
Turnover in 2014: EUR 371 000
Turnover in 2013: EUR 277 000
Main markets: Latvia

Business profile: Anti-aging dentistry, aesthetic dentistry/porcelain veneers/celebrity smiles, teeth whitening, implants, prosthetics, dental spa treatments, comprehensive treatment plans and compact 2-3 day full treatment (up to 6h per day), Treatment 7 days per week, "KIDS DENTAL IQ" programme. International Dental Aesthetics School (courses for professionals).

Seeking cooperation with: Insurance companies wishing to reduce their expenditure in dentistry; Clinics looking either to outsource particular treatments or expand their services, to overtake their competitors; Large companies wishing to establish or improve their employee loyalty programmes; Dental associations, dentistry schools and clinics who could use an opportunity to bring some cultural diversity to education and postgraduate programmes in aesthetic dentistry and the management of dental practices. Travel agencies, as well as agents who deal with medical tourism.
DENTAPLAN
Legal form: Ltd
Address: Brīvības gatve 410, Rīga, LV-1024, Latvia
Phone: +371 29458553, +371 67373709
E-mail: info@citydental.lv
Website: www.citydental.lv
Director: Mr Edmunds Meždrejs
Contact: Mr Edmunds Meždrejs
Position of the contact person: Director
Languages spoken: Latvian, English, German, Russian
Number of employees: 12
Founded in: 2010
Turnover in 2014: EUR 371,000
Turnover in 2013: EUR 301,000
Export volume 2014: EUR 23,000
Export volume 2013: EUR 10,000
Main markets: Latvia, Germany, UK, Ireland, Norway

Business profile: The main services offered by the CityDental dental clinic are dental implantation, prosthetics and cosmetic dentistry. Whether it be the loss of a single tooth, several teeth or a full set of teeth, our team of specialists are able to help by choosing the treatment that is best suited to your condition, wishes and financial situation. Our daily focus is on non-removable implant dentures in cases requiring either full- or partial-arch restorations using CAD/CAM milled titanium sub-frames. Aesthetic reconstructions are in high demand, aiming to improve the appearance of teeth in the smile zone using different types of ceramics or zirconium.
Seeking cooperation in: Dental tourism agents, dental clinics from abroad, online medical-tourism platforms.

DENTBALTIC
Legal form: Ltd
Address: Tērbatas iela 78, Rīga, LV-1001, Latvia
Phone: +371 63030347
E-mail: dentbaltic@gmail.com
Website: www.idental.lv
Member of the Board: Ms Natalja Jakuseva
Contact: Mr Valerijs Jakusevs
Position of the contact person: Counsel
Languages spoken: Latvian, English, Russian
Founded in: 2016

Seeking cooperation in: See Business profile.

DIKĻU PILS
(Diklī Palace Hotel)
Legal form: JSC
Address: “Dikļu pils”, Dikļi, Dikļu pag., Kocēnu nov., LV-4223, Latvia
Phone: +371 26515445, +371 64207480
Fax: +371 64207485
E-mail: pils@diklupils.lv
Website: www.diklupils.lv
Owner: Mr Egons Mednis
Contact: Ms Agneta Kita
Position of the contact person: Director
Languages spoken: Latvian, English, Russian
Number of employees: 38
Founded in: 1994
Turnover in 2014: EUR 552,000
Turnover in 2013: EUR 627,000
Export volume 2014: EUR 199,000
Export volume 2013: EUR 220,000
Main markets: Estonia, Scandinavia, Germany, Russia

Business profile: Diklī Palace Hotel is a four-star hotel, hidden in the noble silence of an old manor park. Our Nature Spa and wellness centre offer a wide selection of facial treatments and relaxing massages, saunas and a pool. Natural and organic products are the basis of our relaxing treatments. The scent of healing herbs collected in local meadows and forests, calming and invigorating teas, soft towels and the skilful hands of our spa professionals always welcome guests to Diklī Palace's cosy Nature Spa.
Seeking cooperation in: See Business profile.
DR. SOLOMATINA ACU REHABILITĀCIJAS UN REDZES KOREKCIJAS CENTRS (Dr. Solomatin’s Eye Centre)
Legal form: Ltd
Address: Elizabetes iela 75, Riga, LV-1050, Latvia
Phone: +371 67217317
Fax: +371 67217318
E-mail: contacts@acucentrs.lv
Website: www.acucentrs.lv

Member of the Board: Mr Igors Solomatins, Professor
Contact: Ms Liga Jenča-Salcēviča
Position of the contact person: Project Manager
Languages spoken: Latvian, English, Russian
Number of employees: 28
Founded in: 1995
Turnover in 2014: EUR 1 400 000
Turnover in 2013: EUR 1 100 000
Export volume 2014: EUR 140 000
Export volume 2013: EUR 55 000
Main markets: Latvia, Estonia, Lithuania

Business profile: We are a multifunctional medical centre providing a full range of services addressing all eye health problems: from standard spectacle prescriptions to complicated eye surgery, including the pearl of ophthalmology – laser eye surgery, which gives freedom from spectacles or contact lenses. Our clinic is a pioneer of laser eye surgery in the Baltic States. The region's first laser operation was performed by Prof. Solomatin in 1999. To date, our specialists have performed more than 10 000 successful surgeries. All the newest technologies, such as aberrometrical, topographical, tissue-saving, wave-front LASIK and Femto-LASIK corrections are performed in our Centre.

…experience is our most valuable and unquestionable advantage.
Seeking cooperation in: Opportunities for cooperation with other optometrists, family doctors, patients who require eyesight checks and eye laser correction at excellent quality.

ELECTA
Legal form: Ltd
Address: Krišjāņa Valdemāra iela 106/108 - 182, Riga, LV-1013, Latvia
Phone: +371 67385501
E-mail: info@electa.lv
Website: www.electa.lv

Director: Mr Sandis Solims
Contact: Mr Sandis Solims
Position of the contact person: Director
Languages spoken: Latvian, English, Russian
Number of employees: 43
Founded in: 1992
Turnover in 2014: EUR 126 000
Turnover in 2013: EUR 113 000
Main markets: Latvia

Business profile: All kinds of dental treatment, dental surgery, dental implants, zirconia and ceramic crowns, veneers, aesthetic and functional composite fillings, onlays, overlays, dental bleaching, hygiene.
Seeking cooperation in: See Business profile.

ELPA-2 (Marciena manor house spa hotel, Hotel Gutenbergs)
Legal form: Ltd
Address: Doma laukums 1, Riga, LV-1050, Latvia
Phone: +371 29444344
E-mail: hotel@gutenbergs.lv
Website: www.marciena.eu, www.hotelgutenbergs.lv

Director: Mr Sandis Solims
Contact: Mr Sandis Solims
Position of the contact person: Director
Languages spoken: Latvian, English, Russian
Number of employees: 43
Founded in: 1992
Turnover in 2014: EUR 1,000,000
Turnover in 2013: EUR 1,000,000
Main markets: Latvia, Lithuania, Estonia, Germany, Russia

Business profile: Hotel, restaurants and spa: physiotherapy, post-traumatic rehabilitation, health promotion, facial treatments, psychotherapy.
Seeking cooperation in: See Business profile.
**FLEBOMEDIKA**  
(Dr Mauriņš Laser Medical Clinic)  
Legal form: Ltd  
Address: Kokneses prospeks 18A-7, Rīga, LV-1014, Latvia  
Phone: +371 67374747  
Fax: +371 67315316  
E-mail: klinika@venucentrs.lv  
Website:  
General Manager: Mr Girts Mauriņš  
Contact: Ms Kristīne Šāberte  
Position of the contact person: Manager of Development  
Languages spoken: Latvian, English, German, Russian  
Number of employees: 34  
Founded in: 2001  
Turnover in 2014: EUR 4 700 000  
Turnover in 2013: EUR 4 000 000  
Export volume 2014: EUR 989 000  
Export volume 2013: EUR 890 000  
Main markets: Latvia, Lithuania, Estonia, Germany, Belarus, Ukraine  
Business profile: Vein laser surgery is one of the most modern and safest methods for varicose vein treatment. Our outpatient clinic uses the latest generation varicose vein laser – Biolitec ELVeS Painless 1470 nm. Compared to older generation varicose vein lasers, our laser decreases the chances of trauma to a minimum. Consequently, there is a very little chance of damaging nerves and lymphatic vessels during varicose-vein laser removal surgery. Our surgery leaves no visible scars or cosmetic defects. Vein laser surgery is considered the most progressive method in treating varicose veins, mainly because it has a low chance of relapse (a very low likelihood of the disease recurring).  
Seeking cooperation in: See Business profile.

**INTERNATIONAL VIROTHERAPY CENTER**  
Legal form: Ltd  
Address: Jaunā iela 12, Jūrmala, LV-2015, Latvia  
Phone: +371 67229522  
E-mail: info@virotherapy.eu  
Website: www.virotherapy.eu  
Member of the Board: Mr Jurģis Auziņš  
Contact: Ms Diana Otisone  
Position of the contact person: Managing Director  
Languages spoken: Latvian, English, Russian  
Number of employees: 7  
Founded in: 2008  
Turnover in 2014: EUR 69 000  
Turnover in 2013: EUR 82 000  
Main markets: Latvia, Germany, UK, Norway, Russia, USA, etc.  
Business profile: Global Virotherapy Cancer Clinic provides patients with effective and complex cancer treatment with virotherapy, additionally including elements of complementary and integrative medicine. Virotherapy is an innovative therapy in cancer treatment, used both as monotherapy and also in complex with other known therapies. During virotherapy, human body receives injections of live viruses with oncotropic and oncolytic properties that imply their ability to seek and destroy malignant tumour cells in the body. Virotherapy with Rigvir is a safe, effective and mild therapy able to destroy cancer cells and prevent the development of metastases, as well as affect the immune system, inducing immune cell activity and mobilising them to fight cancer.  
Seeking cooperation in: medical tourism companies.
**GREMOŠANAS SLIMĪBU CENTRS “GASTRO”**

Legal form: Ltd
Address: Linezera iela 6, Rīga, LV-1006, Latvia
Phone: +371 66901212
Fax: +371 67040248
E-mail: gastro@gastrocentrs.lv
Website: www.gastrocentrs.lv

Executive Director: Ms Anžela Pavloviča
Contact: Ms Anžela Pavloviča
Position of the contact person: Languages spoken: Latvian, English, Russian
Number of employees: 39
Founded in: 2001
Turnover in 2014: EUR 1 400 000
Turnover in 2013: EUR 1 200 000
Main markets: Latvia

Business profile: Gastroenterology clinical research. GASTRO offers patients comprehensive digestive tract (oesophagus, stomach, gut, bile duct, pancreas, and liver) examinations (check-up). We also offer consultations with certified doctors who offer precise, broad spectrum, functional diagnoses, as well as effective treatment — some requiring a short visit and others involving up to a day, as well as return visits, to our full-day treatment facility. Our specialists perform colonoscopies and other endoscopies, using anaesthesia, as well as utilising modern patient-care methods and a full spectrum of medical manipulations. Treatment results can be recorded, stored and transmitted digitally.

Our highest goal: Through professionalism and modern technologies we strive to secure the comfort of every patient.

Seeking cooperation in: See Business profile.
Certificates in use: ISO 9001

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**HOTEL JŪRMALA SPA**

Legal form: Ltd
Address: Jomas iela 47/49, Jūrmala, LV-2015, Latvia
Phone: +371 67784415
Fax: +371 67784411
E-mail: booking@hoteljurmala.com
Website: www.hoteljurmala.com

General Manager: Mr Arne Kalbus
Contact: Ms Kristīne Štāla-Bula
Position of the contact person: Sales & Marketing Manager
Languages spoken: Latvian, English, Russian
Number of employees: 160
Founded in: 2004
Turnover in 2014: EUR 5 300 000
Turnover in 2013: EUR 5 500 000
Main markets: Estonia, Sweden, Norway, Russia

Business profile: The Jurmala Spa Hotel is a modern spa resort and conference centre. It is located just 25 kilometres from Riga in one of Latvia’s oldest and most picturesque resorts – Jurmala and is just a couple of hundred metres from the golden beaches on the shores of the Gulf of Riga. Jurmala has always been a popular place for recreation and health improvement because of its beautiful pine forests, golden sands and unforgettable beaches.

The Jurmala Spa Hotel, with its great location, extensive range of spa treatments and convenient spa programmes, is the perfect place to regain energy and motivation for a healthier life!

Seeking cooperation in: Looking for new business partners to establish long-term cooperation in organising tourist groups and individuals to travel to the Jūrmala Spa Hotel.
Chairwoman of the Board: Ms Ineta Vasaraudze
Contact: Ms Inga Putraima
Position of the contact person: Nurse
Languages spoken: Latvian, English, Russian
Number of employees: 12
Founded in: 1991
Turnover in 2014: EUR 252,000
Turnover in 2013: EUR 230,000
Main markets: Latvia

Medical Director: Ms Violeta Fodina
Contact: Ms Lilija Agzamova
Position of the contact person: Marketing Specialist
Languages spoken: Latvian, English, Russian
Number of employees: 40
Founded in: 2010
Turnover in 2014: EUR 2,500,000
Turnover in 2013: EUR 1,300,000
Main markets: Latvia, Lithuania, Poland, Denmark, Sweden, UK, Norway, Russia
Business profile: The iVF Riga Clinic provides infertility treatment and reproductive genetics services. High standards and the most advanced technologies used in diagnosis and treatment make it possible for patients to achieve their dream. iVF Riga offers all kinds of female and male infertility treatments (IUI, IVF, ICSI) for couples and single women up to the age of 50.

Our highly experienced physicians prescribe individual treatment plans based on medical histories, utilising all new additional methods (EmbryoScope, EmbryoGlue, ERA-test, genetic tests PGS, PGD). We offer all donor programmes (eggs, sperm, embryos), fertility preservation, a reproductive tissue bank, prenatal care and have a Preimplantation Genetic Centre, in which Clinical Geneticist can help to clarify or to make a diagnosis for patients with failed implantation, abortus habitualis, unknown cause of infertility, age after 40, possible or confirmed genetic disorders in the family anamnesis, children with congenital malformations.

Jūrmala Hospital

Chief Executive Officer: Mr Egons Liepiņš
Contact: Ms Laila Bekmane
Position of the contact person: Marketing Manager
Languages spoken: Latvian, English, Russian
Number of employees: 280
Founded in: 1946
Turnover in 2014: EUR 4 700 000
Turnover in 2013: EUR 4 200 000
Export volume 2014: EUR 257 000
Export volume 2013: EUR 204 000
Main markets: Latvia, Sweden, Denmark, UK, Ireland, Norway, Russia

Business profile: Jurmala Hospital provides acute and planned medical care 24 hours-a-day. High-quality services are ensured by up-to-date medical equipment, professional specialists, comfortable surroundings and a caring attitude. Our advantage is teamwork that ensures timely diagnoses and appropriate treatment for our patients. Jurmala Hospital offers its patients specifically developed health check-up programmes so that anyone can check and follow up their health status within 24 hours. The hospital offers family planning and reproductive healthcare, maternity services, delivery in comfortable suites, water births, etc. We are well known for weight-loss surgery for patients suffering from chronic obesity.

Seeking cooperation in: We look forward to lasting cooperation with partners who could provide patient attraction and advisory services in our target markets, Scandinavia and post-Soviet Union countries.

Certificates in use: Q-Latvia

Diamed Clinic

Director: Ms Liene Cipule
Contact: Mr Jānis Šlēziņš
Position of the contact person: Head of International Customers Department
Languages spoken: Latvian, English, Russian
Number of employees: 65
Founded in: 2006
Turnover in 2014: EUR 1 200 000
Turnover in 2013: EUR 1 000 000
Main markets: EU and EEA countries, Ukraine, Belarus, Russia, Azerbaijan, Kazakhstan, Uzbekistan

Business profile: The Diamed Clinic is a private hospital operating in neurosurgery, plastic surgery and orthopaedics. We offer a full range of diagnostics and treatments (including surgical) of neurological and orthopaedic diseases, including plastic and reconstructive surgery. Our main focus is within neurosurgery are the treatment of chronic back and leg pain (spinal surgery), and neuro-oncological diseases. Our orthopaedics focus on the endoscopic treatment of joint diseases. Our plastic surgery division offers a full range of aesthetic and reconstructive surgery.

Seeking cooperation in: We are interested in developing cooperation with private insurance companies and with medical tourism agencies in order to attract patients for treatment in our clinic.
KLĪNIKA EGV
(Clinic EGV)
Legal form: Ltd
Address: Ģertrūdes iela 3, Riga, LV-1010, Latvia
Phone: +371 29563191
E-mail: info@egv.lv
Website: www.egv.lv

Business profile: Reproductive health care for patients facing fertility problems/diagnosed with infertility. In terms of export, our main services are medicinal fertility treatments – IVF, ICSI, PICSI, etc. The clinic also provides sperm and egg donation programmes for patients who don’t have a partner or whose infertility is caused by the absence or low vitality of cells. Seeking cooperation in: The EGV Clinic can provide all kinds of infertility treatments in accordance with world’s best practice and at very reasonable prices. The clinic is willing to cooperate with other clinics not having a full range of medicinal fertility treatments – such clinics can diagnose, prepare patients and obtain the final stage of treatment at the EGV Clinic (we already cooperate in this way with smaller infertility treatment clinics in Latvia). EGV Clinic provides those clinics with embryology-laboratory and embryologist services, sperm or egg donation programme material, as well as fertility treatment gynaecologists – reproductive-medicine specialists, as and when required.

Certificates in use: ISO 9001

LATVIJAS AMERIKAS ACU CENTRS
(Latvian American Eye Center)
Legal form: Ltd
Address: Augusta Deglava iela 12A, Riga, LV-1009, Latvia
Phone: +371 67272257
Fax: +371 67272128
E-mail: laac@laac.lv
Website: www.laac.lv

Business profile: The Latvian American Eye Centre (LAAC) is the first and unique model of a private eye clinic in the Baltic States based on the principles of patient care and state-of-the-art technology famous in the USA in the provision of specialist eye treatment for adults and children. In the diagnostic and treatment process, hi-tech, advanced, tested and certified equipment matching EU and USA quality standards is used by professionally trained and skilled personnel. The Centre provides leading expert medical care, including: diagnosis and treatment of eye problems, fitting of glasses and contact lens as well as refractive surgery (intraocular lens implantation), laser therapy, eyelid plastic surgery, cataract, glaucoma, strabismus surgery and cornea transplantation. Seeking cooperation in: State and private clinics, insurance companies, travel agencies, individual patients.

Certificates in use: ISO 9001:2008, Q Latvia
LATVIJAS PLASTISKĀS, REKONSTRUKTĪVĀS UN MIKROĶIRURĢIJAS CENTRS
(Latvian Centre for Plastic, Reconstructive and Micro-surgery)
Legal form: Ltd
Address: Brīvības gatve 410, Rīga, LV-1024, Latvia
Phone: +371 26177339
E-mail: centre@mcl.lv
Website: www.mikrokirurgija.lv
Chairman of the Board: Mr Jānis Krustiņš
Contact: Mr Jānis Bendiks
Position of the contact person: Managing Director
Languages spoken: Latvian, English, German, Russian
Number of employees: 55
Founded in: 2000
Turnover in 2014: EUR 2 600 000
Turnover in 2013: EUR 2 000 000
Main markets: Latvia
Business profile: The Microsurgery Centre is Latvia’s leading plastic and reconstructive surgery clinic. Our interests are all types of hand and reconstructive surgery, including peripheral nerve surgery, breast reconstruction, maxillo-facial surgery, total nose reconstruction, wrist arthroscopy and all plastic surgery procedures, including breast augmentation, cosmetic face surgery and procedures, filler injections and many others.
Seeking cooperation in: We are open to cooperation with different medical tourism providers.

LIEPĀJAS REGIONĀLĀ SLIMNĪCA
(Liepaja Regional Hospital)
Legal form: Ltd
Address: Slimnīcas iela 25, Liepāja, LV-3414, Latvia
Phone: +371 20228666, +371 26173129, +371 63403222
Fax: +371 63403202
E-mail: birojs@liepajaslimnica.lv
Website: www.liepajaslimnica.lv
Chairman of the Board: Mr Edvīns Striks
Contact: Mr Ivars Krastiņš
Position of the contact person: Science Education, Chief Physician
Languages spoken: Latvian, English, German, Russian
Number of employees: 804
Founded in: 1986
Turnover in 2014: EUR 16 500 000
Turnover in 2013: EUR 16 000 000
Main markets: Latvia
Business profile: Liepaja Regional Hospital is one of the largest in-patient and diagnostic centres outside Riga. Annual patient numbers reached 22 000, with some 5 550 surgeries. We offer programmes such as invasive cardiology and reanimation of new-born infants, and exclusive services including spinal and vascular surgery, and microsurgery. General surgery:
• Laparoscopic gastric bypass surgery – weight loss surgery (gastroplasty),
• vein surgery: superficial vein surgery.
Invasive radiology:
• Coronarography, angioplasty
dilatation and stent implantation at pelvis and leg arteries, renal artery stenting, subintimal dilatation of leg arteries,
• vascular embolization, uterine fibroid embolization.
Reconstructive and cosmetic (aesthetic) surgery:
• Recovery of body shape or functional impairment
• Body contouring
Orthopaedic surgery:
• Large-joint arthroplasty (hip and knee),
• Arthroscopic surgery
• Spine surgery
Physical therapy and rehabilitation:
• Anti-stress programme, using natural mineral water baths and mud applications, sauna, aerotherapy, psychologist consultations.
• Programme for joints and back pain
• Neurorehabilitation programmes for children and adults
• Available 24h medical observation.
Day-long complex medical examinations:
• Basic health examination: Internist consultation before and after examination, abdominal and renal USG, ECG, chest X-ray in two projections, laboratory tests
• Complex cardiovascular examination: Cardiologist consultation before and after examination, ECG, echocardiogram, dopplerography, veloergometry, laboratory tests
• Oncological prevention for women/men Internist consultation, gynaecological consultation or consultation with urologist, USG, chest X-ray in two projections, laboratory tests, phthisiopneumonologist consultation, spirometry.
Seeking cooperation in: Cooperation with Liepāja tourism information centre – medicine tourism development.
LORADENT
(Headline Clinic)
Legal form: Ltd
Address: Kalnciema iela 98-16, Riga, LV-1046, Latvia
Phone: +371 67473045, +371 25511144
E-mail: info@headline.lv
Website: www.headline.lv

Head of clinic: Mr Kaspars Peksis
Contact: Ms Māra Kupča
Position of the contact person: General Manager
Languages spoken: Latvian, English, Russian
Number of employees: 32
Founded in: 2007
Turnover in 2014: EUR 419 000
Turnover in 2013: EUR 285 000
Main markets: Latvia
Business profile: The Headline Clinic mostly specialises in ear, nose and throat diseases (Otorhinolaryngology) and in the diagnostics and treatment of sleep-related breathing disorders. The clinic is the Otorhinolaryngology educational unit for the University of Latvia Faculty of Medicine. The treatment of patients is based on the scientific and educational experience of the staff and on a very scientific background. Our clinic has close professional and scientific cooperation with the ENT clinic of Park-Klinik Weissensee Hospital in Berlin.

Our Otorhinolaryngology services include out-patient consultations including all necessary additional examination such as microscopy, endoscopy, clinical audiometry, tympanometry and rhino-manometry. If necessary, imaging for our patients is directly organized by our staff on the same day, as are laboratory tests. For our patients’ related needs, consultations with a Gastroenterologist (including upper endoscopy), Neurologist, Physiotherapist and Psychotherapist are available in our clinic. Surgical treatment of all kinds of routine Otorhinolaryngology under general anaesthesia is available.

The staff is experienced in performing endoscopic sino-nasal procedures, uvulopalatopharyngoplasty, all kinds of ear surgery including tympanoplasty and stapedectomy and all kinds of routine otorhinolaryngology (except tumour surgery).

The sleep medicine service includes a patient interview with routine ENT examination (including functional tests). After that and depending on the patient’s wishes and resulting treatment options, further examination is recommended: DISE (drug-induced sleep endoscopy) or PG/PSG (poligraphy/polysomnography). Depending on diagnostic outcomes, CPAP treatment or surgical treatment might be recommended.

Seeking cooperation in: We are looking for fellow otorhinolaryngologist colleagues who might select patients for surgical and/or other treatments and utilise our clinic for follow-up, post-surgical treatment.

LT SERVICES
(Amber SPA Boutique Hotel)
Legal form: Ltd
Address: Meža prospekts 49, Jūrmala, LV-2010, Latvia
Phone: +371 67755330
Fax: +371 67755332
E-mail: peteris@amberspahotel.lv
Website: www.amberspahotel.lv

Member of the Board: Mr Artur Adilov
Contact: Mr Pēteris Grīnbergs
Position of the contact person: Manager
Languages spoken: Latvian, English, Swedish, Russian
Number of employees: 55
Founded in: 2010
Turnover in 2014: EUR 1 100 000
Turnover in 2013: EUR 1 100 000
Main markets: Latvia, Lithuania, Estonia, Scandinavia, UK and other western European countries, Russia, Belarus, Ukraine

Business profile: Hotel, accommodation, restaurant, spa, wellness, fitness, conferences, family holidays, healing programmes, spa programmes, spa kitchen, traditional Russian banya (sauna) rituals, aqua aerobics.

Seeking cooperation in: Travel agencies, tour operators, airlines, spa organizations.
MEDICĪNAS SABIEDRĪBA “ARS”
Legal form: Ltd
Address: Skolas iela 5, Rīga, LV-1010, Latvia
Phone: +371 67201000
E-mail: ars@ars-med.lv
Website: www.ars-med.lv, www.arsdentalclinic.lv

Chairman of the Board: Mr Māris Andersons
Contact: Ms Džeina Cine
Position of the contact person: Marketing Manager
Languages spoken: Latvian, English, German, Russian
Number of employees: 429
Founded in: 1991
Turnover in 2014: EUR 9 300 000
Turnover in 2013: EUR 8 500 000
Main markets: Latvia
Business profile:
• A wide range of premium-class diagnostic equipment:
  1. Magnetic Resonance Imaging 3.0T – MRI (for various organ systems);
  2. Computer Tomography – CT (for various organ systems);
  3. Scintigraphy (for kidneys, thyroids, parathyroid glands, bone and joint systems);
  4. Ultrasonography (diagnostic sonography) – USG (for various organ systems, blood vessels, tendons and joints, gynaecological, urological and paediatric diagnostics);
  5. X-ray (simple and contrast diagnostics for kidneys, urinary systems, stomach, gynaecological contrast diagnostics and intestinal contrast diagnostics);
  6. Digital mammography with tomosynthesis;
  7. Quantitative computer tomography (to measure bone mineral density);
• Early breast cancer diagnostics (digital mammography with tomosynthesis, ultrasound, magnetic resonance (3.0 T))
• Extracorporeal shockwave lithotripsy for kidney stones
• Phlebology – varicose vein treatment
• Proctology – haemorrhoid treatment
• Gynaecology – consultations, diagnostics, treatment
• Urology – consultations, diagnostics, treatment
• Gastroenterology – consultations, diagnostics, treatment
• Knee arthroscopy
• Arthroscopic shoulder surgery
• Dentistry
• Individual health check-up programmes
Seeking cooperation in: We would like to attract medical tourists and provide medical treatment in dentistry, diagnostics, lithotripsy, gynaecology, urology, proctology, phlebology, individual health check-up programmes.

ARS DENTAL CLINIC
Legal form: Branch of Medicīnas Sabiedrība ARS
Address: Skolas iela 5, Rīga, LV-1010, Latvia
Phone: +371 66929750
E-mail: info@ars-med.lv
Website: www.ars-med.lv

Chairman of the Board: Mr Māris Andersons
Contact: Ms Džeina Cine
Position of the contact person: Marketing Manager
Languages spoken: Latvian, English, German, Russian
Number of employees: 35
Main markets: Latvia, UK, Norway, Russia and other CIS countries, etc.

Business profile: Our specialists will help you to obtain a healthy and beautiful smile by finding the best and most aesthetic dental solutions specifically for you. We will take a complex look at the health of your teeth and your oral cavity so as to recommend the most appropriate therapy. The process includes preventive dental hygiene and treatment of gums, as well as treatment of teeth with the most modern methods. We offer aesthetic dental solutions. We can replace missing teeth with implants or different types of dentures. Seeking cooperation in: Seeking cooperation in: dental tourism agents, dental clinics from abroad, dental patients from abroad.

Certificates in use: ISO 9001
ARS DIAGNOSTIKAS KLINIKA
Legal form: Branch of Medicinās Sabiedrība ARS
Address: Jāņa Asara iela 3, Rīga, LV-1009, Latvia
Phone: +371 66929750
E-mail: reg.dc@ars-med.lv
Website: www.ars-med.lv
Chairman of the Board: Mr Māris Andersons
Contact: Ms Džeina Cine
Position of the contact person: Marketing Manager
Languages spoken: Latvian, English, German, Russian
Founded in: 2016
Main markets: Latvia, UK, Norway, Russia and other CIS countries, etc.

Business profile: Medical centre Medicinās sabiedrība ARS by uniting the experience of 28 years, newest premium-class diagnostic equipment and best doctors of Latvia, this year the “ARS Diagnostics Clinic” has been opened. It provides unique possibilities in early diagnostics and treatment of diseases. Particular emphasis is laid on timely diagnostics of the most frequently encountered tumours (of breasts, intestines and prostate) and cardiovascular diseases.
Seeking cooperation in: 1. Broader opportunities for breast disease diagnosis in one place, 2. LITHOTRIPSY (is non-invasive kidney stones fission), 3. Gastrointestinal tract examinations, 4. Magnetic resonance imaging with the magnetic field strength 3 T (Tesla) and increased gentry opening – 70 cm., 5. General – health check-up programmes.

MEDSERVISS
(Clinic of Aesthetic Medicine of Medical Doctor Edward Yurshevich)
Legal form: Ltd
Address: Dzirnavu iela 23, Rīga, LV-1010, Latvia
Phone: +371 67333322, +371 67579208
Fax: +371 67579206
E-mail: klinika@lipex.lv
Website: www.lipex.lv
Chief Executive Officer: MD Edward Yurshevich
Contact: Ms Evelina Yurshevich
Position of the contact person: Chief Operating Officer
Languages spoken: Latvian, English, Russian
Number of employees: 21
Founded in: 1993
Turnover in 2014: EUR 767 000
Turnover in 2013: EUR 645 000
Main markets: Latvia

Business profile: Plastic, reconstructive and functional–aesthetic surgery; surgical transsexualism treatment (sex changes); surgical and non-surgical weight-reduction treatment; intimate surgery; non-surgical rejuvenation; laser dermatocosmetology; laser dermato-surgery; oncodermato-surgery; dermatology; medical and aesthetic cosmetology; otorhinolaryngology; gynaecology; phlebology; urology; colo-proctology; algology; anti-ageing medicines; hair transplants; diagnostic imaging.
Seeking cooperation in: See Business profile.
**MEDVISION**

Legal form: Ltd  
Address: Gardenes iela 13, Rīga, LV-1002, Latvia  
Phone: +371 27078822  
E-mail: info@medvision.lv  
Website: www.medvision.lv

Member of the Board: Mr Vītālijs Skrīvelis  
Contact: Ms Agija Vilsone  
Position of the contact person: Client Service Manager  
Languages spoken: Latvian, English, Russian  
Number of employees: 7  
Founded in: 2016

Business profile: **MedVision** is the only company in Latvia offering a variety of PET/CT examinations for detecting cancer. Combined Positron Emission Tomography (PET) and Computed Tomography (CT) imaging have become essential diagnostic tools used by physicians to reveal the presence and severity of cancers. PET/CT imaging helps physicians detect cancer, evaluate the extent of the disease, select the most appropriate treatments, determine if the therapy is working and detect any recurrent tumours. Precise and early cancer detection is the key to successful treatment.  
Seeking cooperation in: See Business profile.

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**MMCLINIC**

Legal form: Ltd  
Address: Jūras iela 23/25, Jūrmala, LV-2015, Latvia  
Phone: +371 27057783  
E-mail: info@royaldent.lv  
Website: www.royaldent.lv

Director: Ms Tamara Ulyanova  
Contact: Ms Tamara Ulyanova  
Position of the contact person: Director  
Languages spoken: Latvian, English, Russian  
Number of employees: 10  
Founded in: 2011  
Turnover in 2014: EUR 102 000  
Main markets: Latvia

Seeking cooperation in: We are ready to discuss the acceptance of patients from other countries and to cooperate in the promotion of our services.

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**NACIONĀLAIS REHABILITĀCIJAS CENTRS “VAIVARI”**  
(Vaivari National Rehabilitation Centre)  
Legal form: State Ltd  
Address: Asaru prospekts 61, Jūrmala, LV-2008, Latvia  
Phone: +371 67766122  
E-mail: info@nrc.lv  
Website: www.nrcvaivari.lv

Chairwoman of the Board: Ms Anda Nulle  
Contact: Ms Ulrika Eistreiķe  
Position of the contact person: Head of Clients Department  
Languages spoken: Latvian, English, Russian  
Number of employees: 389  
Founded in: 1995  
Turnover in 2014: EUR 8 300 000  
Turnover in 2013: EUR 6 800 000  
Export volume 2014: EUR 250 000  
Export volume 2013: EUR 6 000  
Main markets: Latvia

Business profile: The National Rehabilitation Centre provides orthopaedic rehabilitation, SCI rehabilitation, adult residential rehabilitation, neurorehabilitation, children’s residential rehabilitation.  
Seeking cooperation in: Medical rehabilitation. Attracting new patients.
**NEIROŽU KLINIKA**
(Dzintari Clinic)
Legal form: Ltd
Address: Dzintaru prospekts 48, Jūrmala, LV-2015, Latvia
Phone: +371 67755140
E-mail: dzintari@dzintari.lv
Website: www.dzintari.lv

Chairwoman of the Board: Ms Dace Simsone, Psychiatrist
Contact: Ms Liga Kaviere
Position of the contact person: Marketing and Sales Specialist
Languages spoken: Latvian, English, Russian
Number of employees: 30
Founded in: 1999
Turnover in 2014: EUR 455 000
Turnover in 2013: EUR 467 000
Export volume 2014: EUR 45 500
Export volume 2013: EUR 46 700
Main markets: Latvia, Lithuania, Estonia, Russia

Business profile: The Dzintari Clinic provides professional psychiatric and psychological help and has been helping people for 20 years. Here, all who value quality of life, but have been suffering personal crises like depression or vegetative dystonia can regain peace, courage and personal strength. We offer a wide range of psychotherapeutical approaches – art, dance and movement therapy, music therapy, themed groups, autogenic training, relaxation and visualization techniques, physiotherapy, water procedures, massage.

The Dzintari Clinic is a private clinic in Jūrmala, surrounded by pine trees and only 100m from the beach.

Seeking cooperation in: We would also like to help patients from other countries in crisis situations – loss of significant relationships, victims of violence, facing serious health problems, loss of loved ones, etc.

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**AUGĻĪBAS KLINIKA**
MAMA RĪGA (MAMA RĪGA Fertility Clinic)
Legal form: Ltd
Address: Vingrotāju iela 1, Rīga, LV-1010, Latvia
Phone: +371 66900400, +371 29494455
E-mail: info@ivf.lv
Website: www.ivf.lv

Member of the Board: Mr Imants Smirnovs
Contact: Ms Larisa Bicovska
Position of the contact person: Chief medical client manager
Languages spoken: Latvian, English, Russian
Number of employees: 25
Founded in: 2014
Main markets: Latvia, Lithuania, United Kingdom, Germany, Russia, United Arabian Emirates (UAE), Finland, Sweden, Norway

Business profile: Fertility treatment and preservation clinic. We offer a wide range of medical services mainly focusing on male and female infertility treatment (IVF, IVF ICSI, IUI, IVM), donor programs (IVF with donor sperm, with donor oocytes or with both donor sperm and oocytes), gynaecology, urology & andrology, reproductive genetics (karyotyping, AZF factor, PGD), embryological laboratory services (fertilisation and cultivation, embryo vitrification, oocyte vitrification, sperm vitrification, ovarian tissue processing and freezing, hatching, IVM), cryobank (gametes, embryos and ovarian tissue storage in liquid nitrogen and liquid nitrogen vapor), oncofertility (special programs for women and men - fertility health preservation and recovery after oncologic disease treatment).

Clinic’s leading professionals have more than 20 years of experience in reproductology, embryology, fertility preservation and infertility treatment. MAMA RĪGA Fertility Clinic created a unique cryobank in the Baltic States. It is unique, because this high-technology allows to safely freeze not only the gametes (embryos, sperm, oocytes) in liquid nitrogen, but also the tissues in liquid nitrogen vapors. It is constructed accordingly to all requirements of the EU.
ORTO KLĪNIKA
(ORTO clinic)
Legal form: Ltd
Address: Bukultu iela 1A,
Riga, LV-1005, Latvia
Phone: +371 67144013
Fax: +371 67144019
E-mail: office@orto.lv
Website: www.orto.lv

Director: Ms Baiba Mozule
Contact: Ms Baiba Mozule
Position of the contact person: Director
Languages spoken: Latvian, English, Russian
Number of employees: 120
Founded in: 2008
Turnover in 2014: EUR 4 400 000
Turnover in 2013: EUR 2 600 000
Export volume 2014: EUR 181 000
Export volume 2013: EUR 150 000
Main markets: Latvia, Sweden, Ireland, UK, Norway, Russia, Ukraine, Uzbekistan
Business profile: ORTO Clinic is the most modern centre for traumatology-orthopaedics, spinal issues and rheumatology in the Baltic States, and the only private facility of its kind in the region. Annually, we consult around 20 000 patients and perform approximately 2 000 operations.

PLASTIKAS ĶIRURĢIJAS KLĪNIKA
(Clinic of Plastic Surgery)
Legal form: Ltd
Address: Baznīcas iela 31-9,
Riga, LV-1010, Latvia
Phone: +371 28300800
Fax: +371 67845687
E-mail: klinika@gilis.lv
Website: www.gilis.lv

Manager: Ms Iveta Ģīle
Contact: Ms Aiva Bitmete
Position of the contact person: Administrator
Languages spoken: Latvian, English, Russian
Number of employees: 24
Founded in: 1992
Turnover in 2014: EUR 1 300 000
Turnover in 2013: EUR 1 100 000
Main markets: Latvia, Lithuania, Estonia, Sweden, Ireland, UK, Norway, Russia
PREMIUM MEDICAL
Legal form: Ltd
Address: 13. janvāra iela 3, Rīga, LV-1050, Latvia
Phone: +371 66011160
E-mail: info@premiummedical.lv
Website: www.premiummedical.lv

Executive Director: Mr Juris Bārzdiņš
Contact: Mr Juris Bārzdiņš
Position of the contact person: Executive Director
Languages spoken: Latvian, English, Russian
Number of employees: 70
Founded in: 2007
Turnover in 2014: EUR 718 000
Turnover in 2013: EUR 639 000
Export volume 2014: EUR 70 000
Export volume 2013: EUR 40 000
Main markets: Latvia, UK, Russia

Business profile: We develop our partnership with patients on the basis of quality and confidentiality. In cooperation with more than 90 specialists from a variety of medical sectors, we ensure general health care, which meets the world’s highest quality standards. We pay the greatest attention to preventative care. A significant indicator of treatment quality is the time dedicated to patients, which is why the first visit to a doctor in our clinic lasts an hour, more, if necessary.
The clinic has an elegant and comfortable interior and facilities, fashioned in a classical style and located in the very centre of capital city Riga.
Seeking cooperation in: Health check-ups, dentistry, aesthetic surgery, diagnostics, general medicine, personalised solutions.

PRIVATE ONKOLOGIJAS KLINIKA
(Private Oncology Clinic)
Legal form: Ltd
Address: Mežciema iela 23 k:1 - 55, Rīga, LV-1079, Latvia
Phone: +371 29357207
E-mail: r.macuks@gmail.com
Website: www.onkoklinika.lv

Chairman of the Board: Mr Ronalds Mačuks
Contact: Mr Ronalds Mačuks
Position of the contact person: Chairman of the Board
Languages spoken: Latvian, English, Russian
Number of employees: 71
Founded in: 1995
Turnover in 2014: EUR 1 100 000
Turnover in 2013: EUR 1 000 000
Main markets: Latvia, UK, Russia, Azerbaijan, Finland, Denmark

Business profile: We offer high-quality surgery to gynaecological cancer patients, especially in cases of ovarian cancer. We routinely perform pelvic and para-aortic lymphadenectomies and extensive peritonectomies. Other malignancies we treat include breast cancer, stomach and colorectal cancers.
Seeking cooperation in: We are interested in collaborating with agencies who could attract patients from Russia, Kazakhstan and other post-Soviet states.

REHABILITĀCIJAS CENTRS “LĪGATNE”
(Ligatne Rehabilitation Centre)
Legal form: Ltd
Address: “Skaļupes”, Ligatnes pag., Ligatnes nov., LV-4110, Latvia
Phone: +371 64161915
Fax: +371 64161912
E-mail: ligatne.rehcentrs@gmail.com
Website: www.rehcentrsligatne.lv

Member of the Board: Ms Dace Klāmane
Contact: Ms Dace Klāmane
Position of the contact person: Member of the Board
Languages spoken: Latvian, English, Russian
Number of employees: 71
Founded in: 1995
Turnover in 2014: EUR 1 100 000
Turnover in 2013: EUR 1 000 000
Main markets: Latvia, UK, Russia, Azerbaijan, Finland, Denmark
Business profile: The Ligatne Rehabilitation Centre offers complex medical-rehabilitation and spa programmes and accommodation services, with or without catering.
Medical-treatment courses include individual evaluation of functional abilities, the setting of rehabilitation targets and preparation of individual rehabilitation plans.

Main medical rehabilitation programmes:
– Special rehabilitation programmes for professionals (accountants, teachers)
– Rehabilitation after surgical operations and cerebral haemorrhages
– Specialised programmes for improving the health state of joints, back, heart
– Programmes for senior citizens
– Rehabilitation-recreation programmes
– Spa programmes
Accommodation facility with 30 rooms at different comfort and price levels. 20 rooms are doubles/twin, 10 – single. Each room has a WC, shower and TV.
Seeking cooperation in: Complex medical rehabilitation programmes or spa treatments for individual travellers and tourist groups, for weekends or longer periods.
Excursion to Soviet military bunker built for the regional political elite to reside in and govern during nuclear war.
RĪGAS STRADIŅA UNIVERŚITĀTES STOMATOLOĢIJAS INSTITUTS (Riga Stradiņš University Stomatology Institute)

Chairwoman of the Board: Ms Ilga Urtāne
Contact: Ms Ieva Lielemane
Position of the contact person: Office Manager
Languages spoken: Latvian, English, Russian
Number of employees: 325
Turnover in 2014: EUR 9 100 000
Turnover in 2013: EUR 8 400 000
Main markets: Latvia, Estonia, Lithuania, other EU countries and Russia

Business profile: The Riga Stradiņš University Institute of Stomatology has assembled the best clinical, pedagogical, and scientific forces of stomatology in Latvia; it includes a number of well-established clinics, utilising modern equipment and the latest technologies. We offer dental implantation, orthodontic treatment, prosthetics, children’s dentistry, dental and maxillofacial surgery, adult dentistry, endodontics, periodontology, dental hygiene and a Sleep laboratory.
Seeking cooperation in: See Business profile.
Certificates in use: ISO 9001

RUBENHAIR BALTIKA (Rubenhair Hair and Eyebrow Transplantation Clinic)

Manager: Mr Igors Vladimirovs
Contact: Mr Igors Vladimirovs
Position of the contact person: Manager
Languages spoken: Latvian, English, German, Russian
Number of employees: 7
Founded in: 2013
Turnover in 2014: EUR 104 000
Main markets: Latvia, Lithuania, Estonia, UK, Germany, Scandinavia

Business profile: Hair and eyebrow transplantation, hair treatment, PRP (platelet-rich plasma) injections in face and head, dermatology, laser procedures: waxing, face beauty.
Seeking cooperation in: See Business profile.

REHABILITATION CENTER “JAUNKEMERI”

Chairman of the Board: Mr Mihails Malkiels
Contact: Ms Elina Malkiela
Position of the contact person: Head of Inpatient Department
Languages spoken: Latvian, English, Russian
Number of employees: 286
Founded in: 1967
Turnover in 2014: EUR 5 400 000
Turnover in 2013: EUR 5 300 000
Export volume 2014: EUR 1 300 000
Export volume 2013: EUR 1 500 000
Main markets: Latvia, Lithuania, Estonia, Germany, UK, Russia, Azerbaijan, Israel

Seeking cooperation in: Health tourism and travel agencies, healthcare institutions and medical professionals, private and public health-insurance institutions.
Certificates in use: LR. R-9, Certified medical institution (#1300-64003), Latvian Tourism Development Agency Q-Latvia certification 2015
SANATORIJA “JANTARNIJ BEREG”  
(Jantarnij Bereg Medical Spa Resort)  
Legal form: Subsidiary  
Address: Zvīņu iela 2, Jūrmala, LV-2012, Latvia  
Phone: +371 67736500  
Fax: +371 67734834  
E-mail: info@sanatorij.lv, manager@sanatorij.lv  
Website: www.sanatorij.lv  
Director: Mr Victor Danilokh  
Contact: Mr Uldis Čiekurs  
Position of the contact person:  
Executive Manager  
Languages spoken: Latvian, English, German, Russian  
Number of employees: 179  
Founded in: 1991  
Turnover in 2014: EUR 2 100 000  
Turnover in 2013: EUR 2 100 000  
Main markets: Latvia  
Business profile: Wellness and health services will help improve your health. Our health resort offers spa treatments for the cardiovascular system, peripheral nervous system and the musculoskeletal system. The Jantarnij Bereg Medical Spa possesses sources of therapeutic mineral water with hydrogen sulphide and calcium-sodium chloride. Renowned healing muds from Kemeri are also used in therapeutic programmes. Our Medical Spa also features sports facilities, including outdoor tennis courts, volleyball court, badminton and table tennis for outdoor enthusiasts. We also have a swimming pool and sauna, or in the summer months visitors can enjoy the sea water of the nearby Gulf of Riga, or take walks along the coast or the many treed avenues of our extensive grounds.  
Seeking cooperation in: See Business profile.

SENIOR BALTIC  
Legal form: Ltd  
Address: Jaunpils iela 20, Rīga, LV-1002, Latvia  
Phone: +371 67791634  
E-mail: info@seniorbaltic.lv  
Website: www.seniorbaltic.lv  
General Manager: Ms Ilze Grīnberga  
Contact: Ms Ilze Grīnberga  
Position of the contact person:  
General Manager  
Languages spoken: Latvian, English, French, Russian  
Number of employees: 80  
Founded in: 2011  
Turnover in 2014: EUR 1 200 000  
Turnover in 2013: EUR 381 000  
Main markets: Latvia  
Business profile: Provision of high-level, long-term care to senior citizens. Provision of social care, medical care and accommodation. Utilising know-how and best practices passed on from our French investors and advisors, our aim is to provide Western European-level, long-term care to senior citizens in Latvia. A portion of our residents also use short-term services during post-hospital recuperation periods, family member absences or utilise our day-care facilities. Our premises are fully equipped, providing space for 202 residents in single or double rooms only, each with ensuite bathroom. Ergonomic standards and carefully chosen materials were used in building the premises to make them fully adapted to senior citizens and people with reduced mobility.  
Seeking cooperation in: We are interested in expanding our client base, increasing cooperation with Latvian expatriates, providing services to more overseas clients. We are looking to develop cooperation with complementary service providers. We can provide accommodation and medical care (not hospital care) to medical tourism participants.
Chairman of the Board: Mr Valdis Siļķe
Contact: Ms Rita Seske
Position of the contact person: Head of Rehabilitation Department
Languages spoken: Latvian, English, Russian
Number of employees: 166
Founded in: 1950
Turnover in 2014: EUR 2 200 000
Turnover in 2013: EUR 2 100 000
Export volume 2014: EUR 125 000
Export volume 2013: EUR 119 000
Main markets: Latvia, Sweden, UK, Ireland, Norway

Business profile: Bariatrics. The Sigulda Hospital is a market leader in Latvia in weight-loss surgery. We perform full-service gastric-bypass and gastric-sleeve surgeries, including pre-operation health tests and post-operation intensive care.

Cyber Knife M6 – the only clinic in the Baltic region providing effective treatment of various tumours with the world’s latest technology.

Rehabilitation – our efficient and professional team of experts helps people regain their physical activity and abilities after traumas in sports and daily life, or after certain illnesses. Our specialists provide individually designed treatment programmes.

Seeking cooperation in: Local general physicians, medical tourism facilitators that patients can trust. Also patients directly looking for a specific kind of treatment at an affordable cost.

Member of the Board: Mr Horst Juergen Warzecha
Contact: Ms Ginta Mata
Position of the contact person: Administrator of SIROWA Dental Clinic
Languages spoken: Latvian, English, German
Number of employees: 94
Founded in: 1999
Turnover in 2014: EUR 8 600 000
Turnover in 2013: EUR 7 300 000
Main markets: Latvia

Business profile: Aesthetic and general dentistry, prosthetics, implantation and dental implants, dentistry under general anaesthesia, oral surgery, orthodontics, endodontics, periodontology, hygiene, teeth whitening, dentistry for children

Seeking cooperation in: Our clinic is open to dental tourists and we provide such patients with a complete service – from transfers to hotel accommodation.

Our dentists have gained international experience in dentistry and almost all of them speak fluent English, therefore if patients are seeking dentists abroad, our specialists will meet their needs. Our main goal is to provide safe, professional dental care in a friendly and comfortable environment. We offer a full range of dental services, with special emphasis on dental implants and cosmetic dentistry (porcelain crowns and bridges). By choosing us for dental implants or for cosmetic dentistry, you choose quality and experience. And you’ll be making significant savings, even after taking the cost of flights and accommodation into consideration.
SKY DREAM CLINIC
(Dentistry and Aesthetic Medicine Clinic)
Legal form: Ltd
Address: Bērzaunes iela 7, Rīga, LV-1039, Latvia
Phone: +371 20012559
E-mail: info@skydream.lv
Website: www.skydream.lv

Member of the Board: Mr Deniss Kiselovs
Contact: Mr Edgars Jans Lorencs
Position of the contact person: Project Manager
Languages spoken: Latvian, English, German, Russian
Number of employees: 8
Founded in: 2013
Main markets: Latvia

Business profile: Sky Dream Clinic provides the following services: aesthetic dentistry, dental implants, tooth-therapy and surgery, dental prosthetics, dental veneers and Lumineers, children’s dentistry, teeth whitening, and dental hygiene. The clinic’s armoury includes an up-to-the-minute dental chair, innovative equipment and certified materials from leading European manufacturers. Qualified doctors use an innovative reparation method, developing individual treatment programmes for each patient, taking into account the specifics of their health and needs. We follow the principle that health and beauty go hand in hand, so for the convenience of patients, a number of our partners’ services are available at our location, including aesthetic cosmetology, dermatology, physiotherapy, osteopathy, therapeutic massage, manicures and pedicures. The PMC professional micropigmentation centre is also a partner.
Seeking cooperation in: Medical tourism.

SPORTA LABORATORIJAS
Legal form: Ltd
Address: Brīvības iela 363, Rīga, LV-1024, Latvia
Phone: +371 26557425, +371 67523042
E-mail: info@sportlab.lv
Website: www.sportlab.lv

Director: Ms Sandra Rozenštoka
Contact: Ms Sandra Rozenštoka
Position of the contact person: Director
Languages spoken: Latvian, English, Russian
Number of employees: 9
Founded in: 2007
Turnover in 2014: EUR 102 000
Turnover in 2013: EUR 88 000
Main markets: Latvia, Sweden, Denmark, UK, Russia

Business profile: Sporta laboratorija (Sports Laboratory) offers a complete set of solutions for improving physical health and fitness levels:
1. Complex cardiopulmonary exercise testing – evaluation of body functions, fitness levels and individually matched training regimes
2. Sports training
3. Calorimetry – metabolism analysis during rest, daily life and physical activity
4. Balanced nutrition plans
5. Sports injury consultations
6. Rehabilitation – muscle testing, exercises, sports physiotherapy, massage
7. Laboratory services: blood and urine analyses
8. Medical services for sports teams and events

PLAY SPORT HEALTHILY!
Seeking cooperation in: Sports Laboratory would like to cooperate with active life, recreation and sports organizations, also with foreign sports medicine and diagnostics-related health centres.
**SRC “SIGULDA” (Sigulda Stereotactic Radiotherapy Centre)**

Legal form: Ltd  
Address: Lakstīgalas iela 13, Sigulda, Siguldas nov., LV-2150, Latvia  
Phone: +371 20270077  
E-mail: info@cyberknife-sigulda.com  

Director: Mr Māris Skromanis  
Contact: Ms Iveta Puncule  
Position of the contact person: Customer service consultant  
Languages spoken: Latvian, English, Russian  
Number of employees: 9  
Founded in: 2015  
Main markets: Latvia, Lithuania, Estonia, Ukraine, Belarus  
Business profile: The Sigulda Stereotactic Radiosurgery Center is a new and modern medical facility that has been created to assist in the fight against cancer, benign tumours and other diseases treatable with radiosurgery or hypofractionated radiation therapy.  
Our unique and extremely precise Cyberknife® M6 device is particularly suitable for radiosurgery and is operated by highly qualified medical specialists. Our medical centre has been developed with the purpose of uniting the experience of professional medical personnel with the world’s most modern radiation-therapy technology, in order to make the treatment process effective, safe, painless and fast. Seeking cooperation in: If you have any patients diagnosed with a brain tumour or brain metastasis, a primary or metastatic tumour in the spine or other bones, lung cancer or metastasis in the lungs, prostate cancer, liver cancer or metastasis in the liver, head or neck cancer or cancer in any other organs, sign up for a consultation with our specialists, who will assess the progress and development of the disease in order to identify the most optimal and effective type of therapy.

**VALTERA PROTĒŽU LABORATORIJA (Valter’s Prosthetic Laboratory)**

Legal form: Ltd  
Address: Lēdurgas iela 16, Rīga, LV-1034, Latvia  
Phone: +371 29299220  
E-mail: registratura@vpl.lv  
Website: www.vpl.lv/eng

Chairman of the Board: Mr Valdis Valters  
Contact: Mr Valdis Valters  
Position of the contact person: Chairman of the Board  
Languages spoken: Latvian, English, Russian  
Number of employees: 10  
Founded in: 1991  
Turnover in 2014: EUR 382 000  
Turnover in 2013: EUR 409 000  
Export volume 2014: EUR 100 000  
Export volume 2013: EUR 100 000  
Main markets: Latvia, Lithuania, Estonia, Ukraine, Georgia  
Business profile: The certified specialists at Valter’s Prosthetic Laboratory construct different types of individual glass and synthetic ocular prostheses, collection eye prostheses and ecto prostheses from the highest quality materials made in Germany, Canada and the United States. These prostheses ensure excellent cosmetic appearance and maximum functionality and they allow patients to feel totally comfortable in social situations. Seeking cooperation in: Medicine and rehabilitation.  
Certificates in use: ISO 9001

**VESELĪBAS CENTRS 4 (Health Centre 4) Baltic Vein Clinic (Health Centre 4 branch)**

Legal form: Ltd  
Address: Krišjāņa Barona iela 117, Rīga, LV-1012, Latvia  
Phone: +371 67847100, +371 25600798  
E-mail: venuklinika@vc4.lv  
Website: www.venas.lv

Chairman of the Board: Mr Māris Rēvalds  
Contact: Ms Linda Stale  
Position of the contact person: Medical Tourism Manager  
Languages spoken: Latvian, English, Russian  
Number of employees: 51  
Founded in: 1999  
Turnover in 2014: EUR 16 400 000  
Turnover in 2013: EUR 13 700 000  
Main markets: Latvia, Russia, Ukraine, Belarus  
Business profile: Vein Operations: Sclerotherapy, Phlebectomy as per Varady method; EVLT – endovenous laser surgery; SSV – endovenous thermal ablation with steam microimpulses;  
EVRF – endovenous radiofrequency surgery with F Care systems technology;  
RFO – endovenous radiofrequency surgery with VNUS Closure FAST technology;  
Vein closure using bioglue (venaseal).  
Proctology – treatment of haemorrhoids with THD method, Longo method HAL Ral, HET, Laserproctology. Consultations by phlebologist, urologist, proctologist, GP, etc. If necessary: dermatologists, radiologists-diagnosticians, ultrasound specialists, cardiologists, endocrinologists, gynaecologists, neurologists, etc.  
Rehabilitation after surgery. Orthopaedics, post-trauma surgery.  
Seeking cooperation in: The Baltic Vein Clinic is interested in building partnerships to assist in promoting our services abroad.  
Certificates in use: ISO 9001
VESELĪBAS CENTRUS 4 (Health Centre 4)
Dermatology Clinic (Health Centre 4 branch)
Chairman of the Board: Mr Māris Rēvalds
Contact: Ms Linda Stale
Position of the contact person: Medical Tourism Manager
Languages spoken: Latvian, English, Russian
Number of employees: 31
Founded in: 2007
Turnover in 2014: EUR 16 400 000
Turnover in 2013: EUR 13 700 000
Main markets: Latvia, Russia, Norway, Sweden, Finland, Ukraine, UK


Seeking cooperation in: The Dermatology Clinic is interested in building partnerships to assist in promoting our services abroad
Certificates in use: ISO 9001

VESELĪBAS CENTRU APVIENĪBA (Association of Health Centre)
Chairman of the Board: Mr Zigurds Lasovskis
Contact: Ms Anita Kamenščikova
Position of the contact person: Director of Development
Languages spoken: Latvian, English, German, Russian
Number of employees: 992
Founded in: 2011
Turnover in 2014: EUR 16 100 000
Turnover in 2013: EUR 7 000 000
Export volume 2014: EUR 10 000
Main markets: Latvia, Scandinavia, Germany, Russia, Azerbaijan, Kazakhstan

Business profile: Medtour Clinic represents the Association of Health Centres, a network of 11 clinics, internationally. We provide a broad range of high-quality medical services, using modern medical technology and highly qualified specialists. We utilise the most advanced diagnostic equipment such as magnetic resonance imaging, computer-tomography equipment, ultrasonography, digital x-ray equipment, including modern mammography and osteodensitometry.

Our fundamental services include diagnostics, minimally invasive surgery, reproductive health and gynaecology, dentistry and prosthetics.
We offer complete health checks: check-up programmes for women, men, also Pulmo, Gastro programmes. Our complete test programmes for dizziness, headache and backache are in high demand.
Our minimally invasive surgical day-hospital treats more than 3 000 patients a year.
One of our clinics, the EGV Clinic, is one of the oldest private clinics in Latvia specialising in reproductive health.
Our laboratory can detect allergens specific to individuals through the use of more than 300 food and inhalation allergen panels. Seeking cooperation in: Insurance companies; companies engaged in medical tourism, diagnostics, resorts, rehabilitation.
Certificates in use: ISO 9001: in 2013, VCA clinics were assessed by the Latvian Association for Quality and the Austrian Institute of Quality and were awarded the Latvian quality standard and received a prize in the category Service of the Highest Quality.
VESELĪBAS CENTRU APVIENĪBA (AIWA Clinic branch) (Association of Health Centre)
Legal form: JSC
Address: Maskavas iela 241, Rīga, LV-1019, Latvia
Phone: +371 20014000
E-mail: ilona.kihalova@vca.lv
Website: www.aiwaclinic.lv

Chairman of the Board: Mr Zigurs Lasovskis
Contact: Ms Ilona Kihalova
Position of the contact person: Medical Tourism Director
Languages spoken: Latvian, English, German, Russian
Main markets: Sweden, UK, Norway, Russia, Ukraine, Kazakhstan etc.
Number of employees: 65
Founded in: 2015
Business profile: AIWA Clinic – a private multi-surgical and diagnostic clinic in Riga, is a new enterprise of the biggest private outpatient medical chain in Latvia, with 5 years’ experience Veselības Centru Apvienība. A full range of surgical services (proctology, traumatologyorthopaedic, urology, gynaecology, plastic and reconstructive surgery, maxillofacial surgery, otorhinolaryngology, ophthalmology).

Seeking cooperation in: Cooperation with medical tourism agencies to offer treatment of patients in our clinic: minimally invasive surgery (proctology, traumatologyorthopaedic, urology, gynaecology, plastic and reconstructive surgery, maxillofacial surgery, otorhinolaryngology, ophthalmology), fertility and reproductive health, dentistry and prosthetic care.

VIEN ktoś “LATVIJA” (Espa Riga)
Legal form: Ltd
Address: Baznīcas iela 4A, Rīga, LV-1010, Latvia
Phone: +371 67715222
E-mail: spa@espariga.com
Website: www.espariga.com

Spa Director: Ms Aiga Lapina
Contact: Ms Ieva Salina
Position of the contact person: Sales and Marketing Specialist
Languages spoken: Latvian, English, French, Russian
Number of employees: 45
Founded in: 2009
Turnover in 2014: EUR 1 500 000
Turnover in 2013: EUR 1 500 000
Main markets: Scandinavia, Western and Eastern Europe, Russia

Seeking cooperation in: Cooperation with medical tourism agencies to offer treatment of patients in our clinic: minimally invasive surgery (proctology, traumatologyorthopaedic, urology, gynaecology, plastic and reconstructive surgery, maxillofacial surgery, otorhinolaryngology, ophthalmology), fertility and reproductive health, dentistry and prosthetic care.

Business profile: ESPA treatments unite aromatherapy, thalassotherapy and phytotherapy with the best of ancient and modern healing and relaxation techniques from around the world. The knowledge and training behind ESPA treatment concepts and ESPA products ensures an exceptional guest experience – attentive and individualised service. The six-floor spa includes a stunning swimming pool with sleek granite pool bar overlooked by a Sanarium & Rock Sauna with full-height, glass windows. Male and female relaxation rooms, thermal suites and a Fitness Studio including state-of-the-art Technogym and Wellness Expert equipment are all skilfully designed to offer guests and members an unforgettable experience.

At ESPA Riga, the location, the architectural statement along with the award-winning treatments and products, conspire to create an unforgettable experience for both members and day spa guests as they move from being to wellbeing.
Seeking cooperation in: Travel agencies, international corporate accounts, and hotels.
Wellness Services

Body Care Products
ALMEVIA
Legal form: Ltd
Address: Pļavas iela 3A, Čēsis, Čēsu nov., LV-4101, Latvia
Phone: +371 26402383
E-mail: ziedeevija@gmail.com
Website: www.evijasziede.lv

Member of the Board: Ms Evija Rinke
Contact: Ms Evija Rinke
Position of the contact person: Owner
Languages spoken: Latvian, English, Russian
Number of employees: 1
Founded in: 2011
Turnover in 2014: EUR 14 000
Turnover in 2013: EUR 10 000
Main markets: Latvia

Business profile: Evija ointment for skin treatment and prophylactic treatment of sports injuries as it heats muscle fibres. Also for muscle pain, ligament sprains and injuries, and irritated nerve tissues (sciatic, trigeminal, intercostal), reduces back pain.
Seeking cooperation in: Selling to individuals.

AMBER COSMETICS
Legal form: Ltd
Address: Egļu iela 10, Ogre, Ogres nov., LV-5001, Latvia
Phone: +371 29784477
E-mail: info@vegan-fox.com
Website: www.vegan-fox.com

Member of the Board: Ms Maija Millere
Contact: Mr Valdis Rieksts-Riekštins
Position of the contact person: Sales Manager
Languages spoken: Latvian, English, German, Russian
Number of employees: 1
Founded in: 2015

Business profile: Vegan Fox cosmetics for vegans, without parabens or sodium lauryl sulphate:
- facial cosmetics;
- body cosmetics;
- bath/shower cosmetics.
Seeking cooperation in: Distributors and wholesalers, or even small retailers who believe that specialised cosmetics for vegans, like our Vegan Fox brand, will make their customers happy.

AMBER DEW
Legal form: Ltd
Address: “Dzintari”, Kalnciema pag., Jelgavas nov., LV-3016, Latvia
Phone: +371 27055404
E-mail: arnis.krumins@arvada.lv
Website: www.amberdew.lv

Chairwoman of the Board: Ms Daina Ozola
Contact: Mr Arnis Krūmiņš
Position of the contact person: Member of the Board
Languages spoken: Latvian, English, Russian
Founded in: 2015

Business profile: One of the most essential ingredients of amber, from the medicinal point of view, is succinic acid. It is a natural biostimulator that acts as an antioxidant and is able to increase immunity. The highest content of succinic acid is found in the Baltic variety of amber – up to 8% of the total compound. The Amber Dew company produces natural facial and body care products from Baltic amber, the products so containing succinic acid, amber oil and different fractions of granulated amber. All other ingredients are raw materials certified as natural that intensify and reinforce the health-giving properties of amber.
Seeking cooperation in: Distributors to spa and rehabilitation centres; distributors to retail, sales representatives.
ANNE EXPORT
Legal form: Ltd
Address: Kungu iela 23-8, Jelgava, LV-3001, Latvia
Phone: +371 26445778
E-mail: bdm@annecosmetics.com
Website: www.annenature.com
Chairwoman of the Board: Ms Skaidrīte Dzene
Contact: Ms Skaidrīte Dzene
Position of the contact person: Chairwoman of the Board
Languages spoken: Latvian, English, German, Turkish, Russian
Number of employees: 3
Founded in: 2015
Business profile: We offer a set of organic-certified (Ecocert) skincare products covering basic body care needs for babies and mothers. Our main operating concept is: consume less and gain more. Consequently, our products are specially formulated for the use by the whole family and include cleaning, moisturising and nourishing properties. Anne Nature product combines the essence of precious Northern summers with the rich oils of the South, offering the best of nature to thoughtful mothers, children and families.
Seeking cooperation in: We are interested in cooperating with companies selling organic and natural products worldwide. We are a young and flexible company with knowledgeable and experienced staff offering you the benefits of working with a small, focused business.
Certificates in use: ISO 22716, Ecocert

ATTIRANCE
Legal form: Ltd
Address: Tērbatas iela 14, Rīga, LV-1011, Latvia
Phone: +371 67139044
Fax: +371 67139045
E-mail: info@attirance.com, martins.jaunzems@attirance.com
Website: www.attirance.com
Chairman of the Board: Mr Atis Liepiņš
Contact: Mr Martins Jaunzems
Position of the contact person: Head of Sales
Languages spoken: Latvian, English, German, French, Russian
Number of employees: 50
Founded in: 2003
Turnover in 2014: EUR 986 000
Turnover in 2013: EUR 1 300 000
Export volume 2014: EUR 731 000
Export volume 2013: EUR 1 000 000
Main markets: EU, Switzerland, Russia, Ukraine, China, Singapore, South Africa
Business profile: Attirance is an experienced manufacturer of natural cosmetics from Latvia (EU). Established in 2003, the company has developed more than 400 unique body care, hair care, perfume and aroma products, each distinguished by its unique recipe, colours, aromas and attractive design, as well as positive effects on the human body and wellness.
Seeking cooperation in: Attirance is looking for exclusive distribution and Master Franchise partners in Europe, Asia, Middle East and US.
Certificates in use: EU Certificate of Conformity
BIAPHARMA
Legal form: Ltd
Address: Brīvības iela 167, Rīga, LV-1012, Latvia
Phone: +371 22555525
E-mail: info@biapharma.com
Website: www.biapharma.com

Member of the Board: Ms Krista Adamoviča
Contact: Ms Aira Ozolina
Position of the contact person: Sales Director
Languages spoken: Latvian, English, German, Russian
Founded in: 2014

Business profile: BiaPharma is a manufacturer of handmade cosmetic products for body care and bath treatments. We supply handmade bar and shaped soaps, bath balls, body scrubs and body butters, sea salt and shower gels, etc. We are looking for cooperation in partners all over the world who run cosmetic stores, webstores, lifestyle stores and spa studios.

BIODINAMIKA
Legal form: Ltd
Address: Kazenu street 4, Jurmala, LV-2008, Latvia
Phone: +371 28342266
E-mail: livoniacosmetics@gmail.com
Website: www.livoniasekocosmetics.com

Member of the Board: Ms Agita Krastiņa
Contact: Ms Sanita Buiķe
Position of the contact person: Member of the Board
Languages spoken: Latvian, English, Russian
Number of employees: 2
Founded in: 2011
Turnover in 2014: EUR 12 000
Turnover in 2013: EUR 9 000
Main markets: Latvia

Business profile: Production of natural cosmetics using local herbs, beeswax from local beekeepers and natural oils. The main product lines are eye compresses filled with herbs, beeswax butters for body care (feet, hands and body) and face care, body scrubs, bath milks and salts, herbal mixtures. Our products are packaged in glass jars, cardboard boxes and linen bags. Many products are packaged as gifts. All our products are handmade.

Seeking cooperation in: Export of products for retailers with a natural product/cosmetic concept. Export of products to spa and treatment salons, such as eye compresses filled with herbs and beeswax butters.
BIORGANIK 5

Chairwoman of the Board: Ms Iveta Cirule
Contact: Ms Iveta Cirule
Position of the contact person: Chairwoman of the Board
Languages spoken: Latvian, English, German, Russian, Chinese
Number of employees: 1
Founded in: 2013
Turnover in 2014: EUR 18 000
Main markets: Latvia
Business profile: BIORGANIK 5
- Manufactures and distributes natural and organic cosmetic and nutrition products;
- Organizes unique cultural heritage, cuisine, wellbeing and active-lifestyle ecotourism routes;
- Advises micro, small and medium enterprises and non-government organizations and individuals in project management, education, sports, youth, culture, health, entrepreneurship and business incubation.
BIORGANIK 5 offers two high quality products developed by our company under our own brand:
- BIORGANIK organic Aloe vera juice for health and
- BIORGANIK organic Aloe vera gel for beauty.
These products are produced from organic Aloe vera grown in the Canary Islands.
Seeking cooperation in: 1. natural and organic product co-development, including under EU support programmes; 2. representation of natural and organic health and beauty products in Latvia and the Baltic States; 3. export of Aloe vera juice and gel; 4. project development and services for healthy and active lifestyles, including health tourism.

CITA LIETA

Member of the Board: Mr Krists Frinbergs
Contact: Mr Krists Frinbergs
Position of the contact person: Member of the Board
Languages spoken: Latvian, English, German, Russian
Number of employees: 40
Founded in: 2005
Turnover in 2014: EUR 1 243 000
Turnover in 2013: EUR 1 300 000
Export volume 2014: EUR 910 000
Export volume 2013: EUR 1 100 000
Main markets: Latvia, Russia, China, EU countries

Business profile: Cita Lieta started business in 2005 as a manufacturer of soap and bath bombs. The company now operates successfully in the manufacturing, exporting and distributing of natural cosmetics in more than 30 countries worldwide. Ceano cosmetics and other wholesale handmade products are manufactured from the highest quality essential oils, natural extracts and dried plants. Premium cosmetic line Pien- DIARY SPA is based on unique formula developed by Dr habil. biol. Dmitrijs Babarikins and today is the world’s only know body-care line completely based on milk whey. Company also offers Private label. Seeking cooperation in: We are interested in establishing a long-term cooperation with professional distributors and partners all over the world. We can supply our brands and also private label and contract manufacturing for conventional cosmetic and natural cosmetic products.
DABBA
Legal form: Ltd
Address: "Kalna Ennēni", Raunas pag., Raunas nov., LV-4131, Latvia
Phone: +371 27758758
Fax: +371 66154801
E-mail: dabba@dabba.lv
Website: www.dabba.lv
Managing Director: Ms Laura Kreišmane
Contact: Mr Jānis Kesa
Position of the contact person: Research & Development Manager
Languages spoken: Latvian, English, Russian
Number of employees: 3
Founded in: 2011
Turnover in 2014: EUR 17 000
Export volume 2014: EUR 5 000
Main markets: Latvia, Finland, Germany, Austria, Hungary
Business profile: DABBA produces cosmetics that are always 100% natural, vegan friendly and have high level of organic ingredients.

DZINTARS
Legal form: JSC
Address: Mālu iela 30, Rīga, LV-1058, Latvia
Phone: +371 67103930
Fax: +371 67623797
E-mail: dzintars@dzintars.lv
Website: www.dzintars.lv
Chairman of the Board: Mr Ilya Gerchikov
Contact: Mr David Safronov
Position of the contact person: Head of Export Projects
Languages spoken: Latvian, English, Russian, Chinese
Number of employees: 398
Founded in: 1849
Turnover in 2014: EUR 6 400 000
Turnover in 2013: EUR 7 900 000
Export volume 2014: EUR 2 100 000
Export volume 2013: EUR 3 200 000
Main markets: CIS (Russia, Ukraine), Gulf and Middle East, Asia and Europe
Business profile: The Dzintars company was established in 1849 and is one of the oldest cosmetic and perfumery producers in the world.

Every product is inspired by Northern nature and plants typical to Latvia. The DABBA floral waters’ range consists of eight waters made with different plants. Their role is to be the best facial toners, enhancing both daily routines and special beauty rituals. As DABBA floral waters are 100% natural, they are suitable for facial skin care as well as for eye compresses, body skin care, scalp and hair care, after depilation or shaving and in sauna or steam treatments (more detailed information in each water’s description).

Seeking cooperation in: We are interested in sales-related cooperation, distribution of DABBA products in export markets.
Certificates in use: ISO 22716:2007 GMP, Ecocert
**EKO BEE**

Legal form: Ltd  
Address: Lielā iela 34-24, Jelgava, LV-3001, Latvia  
Phone: +371 20775555  
E-mail: info@bee-eko.com  
Website: www.bee-eko.com

Member of the Board: Mr Ivars Kuķis  
Contact: Mr Ivars Kuķis  
Position of the contact person: Member of the Board  
Languages spoken: Latvian, English, Russian  
Number of employees: 2  
Founded in: 2014  
Main markets: Latvia

Business profile: Eko Bee products are entirely handmade from natural raw materials and ingredients such as olive oil, grape seed oil, almond oil, sea buckthorn oil, Shea oil, cocoa oil, other essential oils, flower petals, coffee, oats, various seeds, salt, water and Dead Sea mud, and other natural materials. Production processes are carried out in accordance with our own original recipes, which place great importance on favourable body impact and special package design. Our range consists of aromatic soaps with natural oils, scented formed soaps, photo soaps, bubble bath balls, natural scrubs from sugar and salt, scented sea salt and shower gels.  
Seeking cooperation in: Wholesalers, retailers, dealers, distributors with a good reputation and various established sales networks and knowledge of brand promotion.

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**FITGER**

Legal form: Ltd  
Address: Griezes iela 12/1, Salaspils, Salaspils nov., LV-2121, Latvia  
Phone: +371 28639779  
E-mail: info@north-bee.com  
Website: www.north-bee.com

Managing Director: Mr Uldis Jerkins  
Contact: Ms Iveta Luntēna  
Position of the contact person: Production Manager  
Languages spoken: Latvian, English, Russian  
Number of employees: 3  
Founded in: 2014  
Main markets: Latvia

Business profile: North Bee is a new brand, the manufacturing of which started in 2014 but research and work with recipes commenced in 2007. A unique formula has been created for North Bee creams whose basic active ingredients are biologically gathered and certified honey, high-quality, pure organic oils and chamomile-peppermint hydrolat. We supply seven body-care products – nourishing and nutritive face creams with and without anti-aging effects, hand- and foot-care creams and a special refreshing after-shave balm. All of the creams contain honey abundant with vitamins, microelements and amino acids.  
Seeking cooperation in: We would like to work with distributors in Europe, Asia and North America. We are interested in creating distribution networks in different countries.
**GARTDA**

Legal form: Ltd  
Address: Alejas iela 73, Daugavpils, LV-5401, Latvia  
Phone: +371 29556297  
Fax: +371 65420846  
E-mail: info@gartda.lv  
Website: www.candle.lv, www.naturalsoap.lv

Member of the Board: Ms Svetlana Krukoška  
Contact: Ms Svetlana Krukoška  
Position of the contact person: Member of the Board  
Languages spoken: Latvian, English, Russian  
Number of employees: 15  
Founded in: 1997  
Turnover in 2014: EUR 79 000  
Turnover in 2013: EUR 119 000  
Export volume 2014: EUR 25 000  
Export volume 2013: EUR 17 000  
Main markets: Latvia, Lithuania, Estonia, Finland, Germany, UK, China, Norway, Poland

Business profile: Handmade bath and body cosmetics. The company is bases in Latvia(EU) and all of its products are manufactured using the purest quality oils, butters, dried plants, natural origin scrubs and flower extracts. Our product range includes more than 300 different kinds. Soaps, bath bubble balls, souffle soaps, shower gels, atlantic salts, scrubs, body yogurts, lotions. Handmade Eco Soy and palm wax candles. Scented natural soy wax rounds.  
Seeking cooperation in: Export.

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**GENESIS BEAUTY**

Legal form: Ltd  
Address: Stiebru iela 5, Balži, Ķekavas nov., LV-2128, Latvia  
Phone: +371 26176565, +371 27736773  
E-mail: sales@genesis-beauty.com  
Website: www.genesis-beauty.com

Chief Executive Officer: Ms Agnese Mence-Katkeviča  
Contact: Mr Oskars Katkevičs  
Position of the contact person: Manager  
Languages spoken: Latvian, English, Russian  
Number of employees: 5  
Founded in: 2014  
Business profile: Our main product is freshwater mud containing more than 90% of organic substances and very rich in various elements such as iron, zinc and chromium, together with amino acids, antioxidants and many others.  
Mud has very powerful healing and cosmetic effects. It is proven to heal joints, arthritis and many other acute illnesses. We also extract the mud in oil to obtain its beneficial elements and manufacture cosmetic products including nourishing face creams, anti-aging eye gels, anti-aging creams, oil elixirs, skin-toning waters, soaps and bath balls. All our products contain mud extracts.  
Seeking cooperation in: We are looking for partners such as sanatoriums, health centres, beauty salons and masseuses offering treatments for people with joint and skin problems. Sports federations, physiotherapists and others working in these fields.  
Certificates in use: Safety Evaluation, Certificate of conformity, MSDS

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**GMT**

Legal form: Ltd  
Address: Gaismas iela 6/16-49, Ķekava, Ķekavas pag., Ķekavas nov., LV-2123, Latvia  
Phone: +371 28619008  
E-mail: gmtbeauty@gmtbeauty.com  
Website: www.gmtbeauty.com

Chairwoman of the Board: Ms Terēze Beļkova  
Contact: Mr Jaan Saar  
Position of the contact person: Member of the Board  
Languages spoken: Latvian, Estonian, English, Russian  
Number of employees: 10  
Founded in: 2008  
Turnover in 2014: EUR 62 000  
Turnover in 2013: EUR 118 000  
Main markets: Latvia  
Business profile: GMT BEAUTY's products contain no harmful, unhealthy or undesirable ingredients such as parabens, peg, silicone, mineral oil, propylene glycol, butylene glycol and perfume. Well aware of the energy and power contained by every cell in our bodies, our products trigger the energy potential of the human body by enhancing the results achieved with any type of cosmetic procedure, whether manual or using equipment.  
Seeking cooperation in: GMT BEAUTY has established a stable position in several markets and is looking for expansion through cooperation partners in cosmetology, such as importers and wholesalers.

All our products are dermatologically tested and are also suitable for people with sensitive skin. the products can be used successfully with both technological and manual application. GMT BEAUTY products contain no harmful, unhealthy or undesirable ingredients such as parabens, peg, silicone, mineral oil, propylene glycol, butylene glycol and perfume. Well aware of the energy and power contained by every cell in our bodies, our products trigger the energy potential of the human body by enhancing the results achieved with any type of cosmetic procedure, whether manual or using equipment.  
Seeking cooperation in: GMT BEAUTY has established a stable position in several markets and is looking for expansion through cooperation partners in cosmetology, such as importers and wholesalers.

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**GRAENN**  
Legal form: Ltd  
Address: "Puriņi", Raunas pag., Raunas nov., LV-4131, Latvia  
Phone: +371 28600762  
E-mail: info@graenn.eu  
Website: www.graenn.eu  
Member of the Board: Ms Liga Salmane  
Contact: Ms Liga Salmane  
Position of the contact person: Owner  
Languages spoken: Latvian, English  
Founded in: 2011  
Main markets: Latvia, Estonia, Lithuania, Norway, Finland, Sweden  
Business profile: Graenn is manufacturer of herbal hydrolys, oils and aroma gifts - from plants gathered in wild Latvian nature! Hydrolys (floral waters), infused oils, aroma gifts – handmade from Latvian plants. Seeking cooperation in: Retail chains, agents, wholesalers, distributors.

**GUSTO**  
Legal form: Ltd  
Address: Vītolu iela 14-5, Bauska, Bauskas nov., LV-3901, Latvia  
Phone: +371 29245547  
E-mail: gustocosmetic@gmail.com  
Website: www.gusto.lv  
Chairwoman of the Board: Ms Liga Elmane  
Contact: Ms Andra Katkeviča  
Position of the contact person: Member of the Board  
Languages spoken: Latvian, English, Russian  
Number of employees: 3  
Founded in: 2010  
Turnover in 2014: EUR 39 000  
Turnover in 2013: EUR 28 000  
Main markets: Latvia  
Business profile: Gusto is a small family company. We supply high-quality, natural, handmade cosmetics: hand, foot, body and face creams, scrubs, butters, oils and lip balms. Seeking cooperation in: Private labelling.

**HUMINVIT**  
Legal form: Ltd  
Address: Akmeņu iela 47, Ogre, Ogres nov., LV-5001, Latvia  
Phone: +371 28887585  
E-mail: huminvit@gmail.com  
Website: www.saprogel.lv  
Member of the Board: Mr Ilgonis Upītis  
Contact: Mr Ilgonis Upītis  
Position of the contact person: Member of the Board  
Languages spoken: Latvian, English, Russian  
Number of employees: 3  
Founded in: 2012  
Turnover in 2014: EUR 57 000  
Turnover in 2013: EUR 55 000  
Main markets: Latvia, Russia  
Business profile: SAPROGEL – a universal skin-care product manufactured from sapropel of Lake Ubogova in Latvia’s Rāzna National Park. Seeking cooperation in: We offer SAPRO Elixir liquid fertilizer for application in the irrigation systems of people interested in ecologically pure products. We are looking for cooperation opportunities with spa centres, beauty salons and rehabilitation centres in order to offer our SAPROGEL products – 100% natural, freshwater-lake sapropel for health and beauty.  
Certificates in use: Ecocert No 4743

**KIRO COSMETICS**  
Legal form: Ltd  
Address: "Sārāji", Vandzenes pag., Talsu nov., LV-3281, Latvia  
Phone: +371 29577578  
E-mail: info@kirocosmetics.com  
Website: www.kirocosmetics.com  
Director: Ms Irina Kalniņa-Dobrovoļska  
Contact: Ms Irina Kalniņa-Dobrovoļska  
Position of the contact person: Director  
Languages spoken: Latvian, English, Russian  
Number of employees: 3  
Founded in: 2010  
Main markets: Latvia  
Certificates in use: CE certification, LOGO Name Patent Europa
KIWI COSMETICS
Legal form: Ltd
Address: Peldu iela 7, Jelgava, LV-3002, Latvia
Phone: +371 22311132
E-mail: info@kivvi-cosmetics.com
Website: www.kivvi-cosmetics.com

Chief Executive Officer: Ms Natalija Majorova
Contact: Ms Dace Bondare
Position of the contact person: Sales Director
Languages spoken: Latvian, English, Russian
Number of employees: 3
Founded in: 2011
Turnover in 2014: EUR 106 000
Turnover in 2013: EUR 73 000
Export volume 2014: EUR 62 000
Export volume 2013: EUR 37 000
Main markets: Latvia, Finland, Sweden, Germany, Spain and other European countries

Business profile: Natural Eco cosmetics certified by ECOCERT. Skin care products. Professional line in skin care products. Seeking cooperation in: Looking for distribution companies or people interested in ECO Cosmetic distribution in the CIS countries and Asia.
Certificates in use: ISO 9001, GMP

KVDARO
Legal form: Ltd
Address: Lielā iela 71, Rīga, LV-1016, Latvia
Phone: +371 67430503
Fax: +371 67430503
E-mail: kvadro@apollo.lv
Website: www.laincosmetics.lv

Chairman of the Board: Mr Andris Madelis
Contact: Ms Laine Zariņa
Position of the contact person: Head of Sales and Marketing
Languages spoken: Latvian, English, Russian
Number of employees: 10
Founded in: 1991
Turnover in 2014: EUR 618 000
Turnover in 2013: EUR 710 000
Export volume 2014: EUR 93 000
Export volume 2013: EUR 106 000
Main markets: Latvia, Lithuania, Estonia, Belarus

Business profile: Manufacturer of various products in aerosol and other packaging: household cleaning products, mosquito and tick repellents, cosmetics, car care products, air fresheners, insecticides, ECO cleaning and washing products, professional cleaning products. Seeking cooperation in: We offer private label deals: contract manufacturing and packaging. Complete filling service in a wide product range: household, cosmetic, technical and automotive products, mosquito and tick repellents. We are looking for export distributors of our products.

LAT COSMETICS
Legal form: Ltd
Address: Dzirnavu iela 10, Ludza, Ludzas nov., LV-5701, Latvia
Phone: +371 65707300
Fax: +371 65707300
E-mail: lukasenok@inbox.lv
Website: latcosmetics.com

Chairman of the Board: Mr Jevgenjjs Lukašenoks
Contact: Mr Dmitrijs Lukašenoks
Position of the contact person: Head of Export Sales Department
Languages spoken: Latvian, English, German, Russian
Number of employees: 8
Founded in: 2014
Main markets: Latvia

Business profile: Cosmetic and beauty products based on natural muds (peloids) and blue clay, in four main product lines: LACO – cosmetics on a base of natural mud for application in home conditions. Moisturizing, purifying and nourishing cosmetics for face and body, hands and feet, hair and scalp care, anti-cellulite cosmetics and scrubs. Baltic Peloid – professional spa cosmetics for specialists and physiotherapists, as well as natural sapropel and blue clay. HelenHerber – aromatic shower gels, shampoos, soaps for hair and body composed of 99% of natural ingredients and certified by Ecocert. Lye – cosmetics for daily use: shampoos, shower gels, scrubs, bath bombs, soaps and other cosmetics with active ingredients. Seeking cooperation in: Lat Cosmetics is currently working on a global distribution network and is interested in cooperation with distributors and importers of cosmetic and beauty products.
Certificates in use: ISO 22716
MADARA COSMETICS
Legal form: Ltd
Address: Zeltiņu iela 131, Mārupe, Mārupes nov., LV-2167, Latvia
Phone: +371 66154800
Fax: +371 66154801
E-mail: info@madaracosmetics.com
Website: www.madaracosmetics.com
Managing Director: Mr Uldis Iltners
Contact: Ms Rūta Skujeniece
Position of the contact person: Sales Director
Languages spoken: Latvian, English, Russian
Number of employees: 35
Founded in: 2006
Turnover in 2014: EUR 3 000 000
Turnover in 2013: EUR 2 300 000
Export volume 2014: EUR 1 400 000
Export volume 2013: EUR 1 500 000
Main markets: Latvia, Scandinavia, Netherlands, UK

NATURAL BEAUTY
Legal form: Ltd
Address: Maskavas iela 28B, Rēzekne, LV-4604, Latvia
Phone: +371 20383960
E-mail: info@beautyshop.lv
Website: www.beautyshop.lv
Director: Ms Elena Ius
Contact: Ms Elena Ius
Position of the contact person: Director
Languages spoken: Latvian, English, German, Russian
Number of employees: 5
Founded in: 2014
Main markets: Latvia
Business profile: The Beauty Shop concept was created in Latvia and signifies natural handmade cosmetics for body care and bathing.
Our range consists of 11 product lines and about 400 different varieties, including: aromatic soaps in bars and other beautiful shapes, sparkling bath bombs, aromatic bathing milks and salts, body butters, body scrubs, massage and aromatherapy oils. Beauty Shop has obtained Natural Product certification, which confirms the high quality of our cosmetics, that they contain no harmful additives and are made from natural ingredients.
Seeking cooperation in: We are interested in the opening of franchise stores in other countries, so we are open to cooperation with companies from other countries with experience in retailing, stable financial capital and good potential. We are also ready to wholesale our natural cosmetics without a franchise. We can produce cosmetics for other companies under their brand.
Certificates in use: Certificate of origin, declaration of conformity

NORDEN COSMETICS
Legal form: Ltd
Address: Lielā iela 49A-12, Mārupe, Mārupes nov., LV-2167, Latvia
Phone: +371 22025590
E-mail: info@nordencosmetics.lv
Website: www.nordencosmetics.com
Chairman of the Board: Mr Andris Priekulis
Contact: Ms Inese Priekule
Position of the contact person: Member of the Board
Languages spoken: Latvian, English, Russian
Number of employees: 5
Founded in: 2012
Turnover in 2014: EUR 81 000
Turnover in 2013: EUR 62 000
Export volume 2014: EUR 31 000
Export volume 2013: EUR 12 000
Main markets: Latvia, Estonia, Poland, Czech Republic
PASSIV-HOUSE DEVELOPMENT
Legal form: Ltd
Address: “Lauki”, Baldones pag., Baldones nov., LV-2125, Latvia
Phone: +371 26463601
E-mail: kazaslaukos@gmail.com
Website: www.kazaslaukos.lv
Member of the Board: Ms Rita Pranča
Position of the contact person: Member of the Board
Languages spoken: Latvia, Scandinavian region, USA
Number of employees: 2
Founded in: 2006
Turnover in 2014: EUR 25 000
Main markets: Latvia

PIESTA
Legal form: Ltd
Address: Skolas iela 3-5, Auri, Auru pag., Dobeles nov., LV-3710, Latvia
Phone: +371 29396559
E-mail: piesta.spa@gmail.com
Website: www.piesta.lv
Member of the Board: Mr Māris Gailis
Position of the contact person: Director
Languages spoken: Latvian, English, Russian
Number of employees: 2
Founded in: 2010
Main markets: Latvia

RĪGAS ZIEPJU MANUFAKTŪRA
Legal form: Ltd
Address: Cēsvaines iela 3, Rīga, LV-1073, Latvia
Phone: +371 26809663
Fax: +371 26809663
E-mail: azhoukov.soapmanufacture@gmail.com
Website: rigasoap.com
Member of the Board: Mr Igor Filippov
Position of the contact person: Head of Sales Department
Languages spoken: Latvian, English, Russian
Number of employees: 20
Founded in: 2004
Turnover in 2014: EUR 353 000
Turnover in 2013: EUR 375 000
Main markets: Germany, Japan, South Korea, USA, Canada

SELENIUM ORGANIC
Legal form: Ltd
Address: Baznīcas iela 26-39, Jūrmala, LV-2015, Latvia
Phone: +371 29789702
E-mail: info@selenium.lv
Website: www.selenium.lv
Member of the Board: Mr Gunārs Morozovs
Position of the contact person: Member of the Board
Languages spoken: Latvian, English, Russian
Number of employees: 1
Founded in: 2013
Main markets: Latvia

Business profile: Our cosmetic line “Kazas Laukos” is based on benefits of fresh goat milk. We as a small manufacturer utilizing manual skills and only natural ingredients to produce natural goat milk soaps, eco-deodorants, body butter bars, sugar and sea salt body scrubs, suntan bars, shaving soap, shampoo soap, facial cleaning bars and lip balms.
Seeking cooperation in: Seeking for retailers and distributors in different counties. We also offer private label services for limited batches.

Seeking cooperation in: Various forms of cooperation: business partners, distributors and users, suppliers of high-quality, natural raw materials, specialised eco-products, natural products and gift shops, internet shops as well as their suppliers.

Business profile: Manufacturing of fragranced soaps, bath balls, bathing salts, salts, creams, oils, scrubs, etc.
Seeking cooperation in: Looking for new partners and distributors.

Business profile: We manufacture natural cosmetic products based on a unique biological component, sapropel. All of our products are free of synthetic fragrances, dyes and preservatives. They contain no substances of animal origin and are not tested on animals.
Seeking cooperation in: We are looking forward to finding new cooperation partners and retailers.
SILMACHY REMEDIES
Legal form: Ltd
Address: Raunas iela 45 k-2
-101, Rīga, LV-1084, Latvia
Phone: +371 26388656
E-mail: silmachy.remedies@gmail.com
Website: www.facebook.com/silmachyremedies
Owner: Ms Marta Trofimova
Contact: Ms Marta Trofimova
Position of the contact person: Owner
Languages spoken: Latvian, English, Russian
Founded in: 2015
Main markets: Latvia
Business profile: Beard and moustache care for men. All products are handmade from organic and EcoCert certified oils.
Silmachy Remedies has five types of beard oil, each with its own characteristics and also – aroma cocktails. Beard oil gives the beard a softer and shinier look, moisturizes the hair of the beard and mainly – removes all the bad odours left in the beard after meals or smoking. Our beard oils are available with many aromas – pine and eucalyptus, vanilla and grapefruit, rosemary, cedar and bergamot, and unscented for very sensitive skin. We also produce one type of moustache wax, a hard-holding type of wax for medium to long moustaches. The wax helps keep moustache hair away from the mouth and also enables a more fashionable look.
Seeking cooperation in: Exporting our beard- and moustache-care products to other countries.

SPODRĪBA
Legal form: JSC
Address: Dzirnavu iela 1,
Dobeļi, Dobeles nov., LV-3701, Latvia
Phone: +371 63722311
Fax: +371 63781717
E-mail: info@seal.lv
Website: www.seal.lv
Director: Mr Raimonds Krampāns
Contact: Mr Jānis Zelčs
Position of the contact person: Export Manager
Languages spoken: Latvian, English, Russian
Number of employees: 56
Founded in: 1921
Turnover in 2014: EUR 2 700 000
Turnover in 2013: EUR 2 500 000
Export volume 2014: EUR 206 000
Export volume 2013: EUR 201 000
Main markets: Latvia, Lithuania, Estonia, Russia, etc.
Business profile: The company is Latvia’s leading producer of household chemicals, cosmetics and liquid fertilizers. We produce a wide range of products and have developed the ECO line which includes various home and household cleaning products and cosmetics. Our Eco line products have also received EU Ecolabel certification. Spodrība’s main cosmetic-product groups include hand creams, liquid soaps, shower gels, shampoos, body lotions and bath extracts.
Seeking cooperation in: The company is looking for partners interested in becoming commercial agents and distributors for household detergents and cosmetics in both the consumer (supermarkets, household goods’ and beauty stores) and HoReCa sectors.
Certificates in use: ISO 9001, ISO 14001, Environment Friendly Company, EU Ecolabel certificate
STENDERS

Legal form: Ltd
Address: Mūkusalas iela 63, Rīga, LV-1004, Latvia
Phone: +371 67217212
Fax: +371 67217233
E-mail: info@stenders.lv
Website: www.stenders-cosmetics.com

Chief Executive Officer: Mr Jānis Berziņš
Contact: Ms Baiba Ķipa - Ziemele
Position of the contact person: Head of Global Marketing and New Product Development
Languages spoken: Latvian, English, Russian
Number of employees: 160
Founded in: 2001
Turnover in 2014: EUR 6 200 000
Turnover in 2013: EUR 6 500 000
Export volume 2014: EUR 3 800 000
Export volume 2013: EUR 4 400 000
Main markets: European countries, Asia, Russia

Business profile: STENDERS is a nature-inspired cosmetics brand that pays special attention to feelings and the shopping experience, including design, aroma, product presentation and customer-care culture. STENDERS portfolio includes 300 products in the following categories: Bath and shower, Body care, Skin care, Hair care, Aromatherapy/Home. STENDERS is strong in the gift segment (with handmade soaps and bath balls, and special luxury lines (gold, pearl, amber), and has a growing share of business devoted to the everyday cosmetic segment with new products launched at a more affordable price level. Seeking cooperation in: STENDERS offers a unique investment opportunity with its well-established retail concept for bath and body cosmetics having a strong presence in China, Russia and the Baltics, and vast growth potential thanks to its product portfolio, brand concept and new market expansions.

Certificates in use: ISO 9001, ISO 22716

The production process is patented and lets the products remain completely natural. Consequently, our products can be considered raw food. For use in organic teas, drinks and smoothies. As spices and food additives in salads, main courses, pastries, porridges, yogurts, smoothies, breakfast cereals, sauces and marinades, ice cream and sweets. Spices to inspire you: Sea buckthorn honey powder; Cranberry honey powder; Black currant honey powder; Red currant honey powder; Rhubarb honey powder; Rowanberry honey powder; Plum honey powder; Quince honey powder; Natural berry powders. Carrot, Redroot,

STRAUMES SK

Legal form: Ltd
Address: Nometņu iela 32-3, Rīga, LV-1002, Latvia
Phone: +371 26481484
E-mail: ogapowder@gmail.com
Website: www.facebook.com/berryhoneypowder

Member of the Board: Ms Rudīte Ločmele
Contact: Mr Ģirts Ločmelis
Position of the contact person: Procurist
Languages spoken: Latvian, English, German, Russian
Number of employees: 1
Founded in: 1992
Main markets: Latvia
Business profile: We produce a variety of fruit, berry and vegetable powders. We provide drying and processing of fruit and vegetables. OGA SWEET BERRY POWDER is produced from fresh berries, with only natural honey or herbs added. The blends are dried at temperatures up to 41 C and then ground.

Seeking cooperation in: We would like to find partners to sell fruit and vegetable powders. We produce natural raw materials for the food industry from a variety of vegetables, fruits and berries. Our products are completely natural.
SUNNY FACTORY
Legal form: Ltd
Address: Lomonosova iela 8-2, Rīga, LV-1019, Latvia
Phone: +371 67132147, +371 27048888
Fax: +371 67132147
E-mail: info@saulesfabrika.com
Website: www.saulesfabrika.com, www.candles-handmade.com
Member of the Board: Mr Aleksejs Karabanovs
Contact: Ms Jūlija Gorlenko
Position of the contact person: Manager
Languages spoken: Latvian, English, Russian
Founded in: 2004
Main markets: EU, Norway, Switzerland, UAE, Saudi Arabia, China, Taiwan, New Zealand
Business profile: SAULES FABRIKA® is a manufacturer of handmade cosmetic products for body care and bath treatments, as well as of candles. We supply handmade bar and shaped soaps, bath bombs, body scrubs and body yoghurts, massage oils, body butters, sea salt, shower gels, etc. Our handmade candle range consists of palm wax candles in different shapes, soy wax candles decorated with herbs, spices, flowers, etc. Soy wax candles are also available in tin cans.
Seeking cooperation in: We are looking for partners all over the world who run cosmetic stores, webstores, lifestyle stores, spa studios, etc.
Certificates in use: GMP, CPNP

THE HOUSE OF FRAGRANCE
Legal form: Ltd
Address: Rīgas iela 47-1, Ķēsis, Ķēsu nov., LV-4101, Latvia
Phone: +371 25757344
E-mail: juris.sokolovs1981@gmail.com
Website: www.odorbeauty.lv
Owner: Ms Guna Grahoļska
Contact: Ms Guna Grahoļska
Position of the contact person: Owner
Languages spoken: Latvian, English, Russian
Number of employees: 1
Founded in: 2015
Business profile: The company works in two main areas: our main products are about wellbeing – different aromas (in form, use and fragrance range), candles and design elements. Secondly, for cosmetics and body care – we manufacture massage balls infused with blends of oils, which work both as massage and aroma therapy.
Seeking cooperation in: Interested in domestic and export cooperation, looking for investment to accomplish new great and fresh ideas.

VERANA
Legal form: Ltd
Address: Ludzas iela 38-8, Rīga, LV-1003, Latvia
Phone: +371 28397100
E-mail: info@verana-cosmetics.com
Website: www.verana-cosmetics.com
Director: Mr Dmitry Dubovik
Contact: Mr Dmitry Dubovik
Position of the contact person: Director
Languages spoken: Latvian, English, Russian
Number of employees: 3
Founded in: 2012
Turnover in 2014: EUR 1 100 000
Main markets: Latvia, Poland, Russia
Business profile: VERANA is a manufacturer of handmade natural cosmetics for professional and home use – more than 200 products.
Verana company has created effective cosmetics, which is based on curative plants extracts, natural essential oils, valuable oils and butters, and unique natural components. All extracts are oil based (not spirit based) which is highly important for human skin.
All Verana cosmetics is manufactured using the unique formula:
More than 99.8% of natural components.
Water-free. Only oil-based extracts.
Preservative-free. Colourant-free. GMO-free.
Only extra virgin oils.
Verana cosmetics amber line contains 100% natural amber which was purified using the patented technology.
Seeking cooperation in: Distributors, retail chains, department stores, eco boutiques, spa centres, beauty salons.
Food Supplements
55 MĀRĪTES
Legal form: Individual Merchant
Address: Poruka iela 2, Madona, Madonas nov., LV-4801, Latvia
Phone: +371 29460345
E-mail: marites55@inbox.lv
Website: www.marites.biz
Owner: Ms Līga Lieplapa
Contact: Mr Juris Jātnieks
Position of the contact person: Manager
Languages spoken: Latvian, Lithuanian, English, Russian
Number of employees: 2
Founded in: 2009
Turnover in 2014: EUR 32 000
Turnover in 2013: EUR 27 000
Main markets: Latvia
Business profile: We manufacture more than 70 different herbal teas. Most of our herbs are harvested in the wild – from Latvia’s meadows and forests. Only a few herbs like Chamomile, Jerusalem artichoke or Calendula are grown in fields. The company produces raw materials (active ingredients and fresh parts of plants) for the manufacture of food supplements, cosmetics and pharmaceutical products.
Seeking cooperation in: Cooperation in the distribution of manufactured products; cooperation with food supplement producers, natural/eco cosmetic producers, pharmaceutical enterprises, spa centres.
Certificates in use: Organic production certificate

AD SMART
Legal form: Ltd
Address: Baznīcas iela 45-24, Rīga, LV-1010, Latvia
Phone: +371 26002554
E-mail: office@lotos-pharma.com, info@adsmart.lv
Website: www.lotos-pharma.com
Member of the Board: Mr Kaspars Ivanovs
Contact: Ms Gunita Krauze
Position of the contact person: Marketing Project Manager
Languages spoken: Latvian, English, Russian
Number of employees: 5
Founded in: 2011
Turnover in 2014: EUR 565 000
Turnover in 2013: EUR 416 000
Export volume 2014: EUR 162 000
Export volume 2013: EUR 127 000
Main markets: Latvia, Lithuania, Estonia, Finland, Poland, Ukraine, Georgia
Business profile: Lotos Pharma is a pharmaceutical company that develops innovative pharmaceutical brand products exclusively from natural, raw materials of the highest quality, using unique production technologies based on the latest worldwide research. Every Lotos Pharma product is developed in collaboration with leading Baltic medical professionals, researchers and scientists so as to create products meeting the highest requirements and safe for everyone – both children and adults – and developed in line with the needs of the human body.
Seeking cooperation in: We are looking for stable business partners, distributors of our products in the European market.
APTIEKAS PRODUKCIJA

Member of the Board: Mr Praveen Kumar Singh
Contact: Mr Viktors Karpovs
Position of the contact person: Director
Languages spoken: Latvian, English, Russian
Number of employees: 32
Founded in: 1997
Turnover in 2014: EUR 871 000
Turnover in 2013: EUR 1 300 000
Export volume 2014: EUR 35 000
Export volume 2013: EUR 67 000
Main markets: Latvia, Lithuania, Estonia, EMEA, EAEU and Asia
Business profile: Aptiekas Produkcija is the leading Latvian manufacturer of a wide range of high-quality, finished food-supplement products for a variety of market segments.

Our range includes the following product groups:
- Anti-ageing supplements
- Children’s supplements
- Digestive health
- Essential fatty acids
- Female health
- Fish oils
- Cardiac and circulatory health
- Herbal supplements
- Joint and bone health
- Lecithin
- Male health
- Mineral and trace supplements
- Mood, brain and psychological function products
- Probiotics
- Vitamin supplements
- Weight-control products
- Immunity enhancing products

Seeking cooperation in: We offer: finished products, i.e. we offer a wide range of our branded products to provide an entire food-supplement, healthcare solution ready to supplement your business with. Only trusted and verified raw-material suppliers are used to furnish us with first-class ingredients, including industry-acclaimed proprietary ones. We offer: contract manufacturing / private labelling / product image design.

Certificates in use: BRC 2011, BRC 2010, Certificate issued by Latvian Food and Veterinary Service

BEE BITE

Director: Ms Anete Spēlmane
Contact: Ms Anete Spēlmane
Position of the contact person: Director
Languages spoken: Latvian, English, Spanish, Russian
Founded in: 2015
Main markets: Latvia

Business profile: Bee Bite produces chewable pastilles made out of 100% pure bee bread collected in Latvia. Bee Bite is the first-ever chewable food supplement made from bee bread to be packed separately so it can enjoyed anywhere.

Seeking cooperation in: We are looking for distributors of our product in countries including Lithuania, Estonia, Sweden, Denmark, Norway, Finland and Germany.
BF-ESSE
Legal form: Ltd
Address: Juglas iela 2, Rīga, LV-1024, Latvia
Phone: +371 67323499
E-mail: sekretare@bfesse.lv, artur_rubens@bfesse.lv
Website: www.bfesse.lv
Chairman of the Board: Mr Juris Rubens
Contact: Mr Arturs Rubens
Position of the contact person: Project Manager
Languages spoken: Latvian, English, German, Russian
Number of employees: 50
Founded in: 1992
Turnover in 2014: EUR 888 000
Turnover in 2013: EUR 923 000
Main markets: Latvia, Lithuania, Estonia
Business profile: We provide various types of food supplements for different health problems such as stress, sleep disorders, cardiological or sexual disorders, beauty, bone health and gastric health. All of our products are natural, safe, have GMP certificates and our health claims are approved by the EFSA.
Seeking cooperation in: We are looking for distributors or other companies interested in representing our product in their country.
Certificates in use: COA, MSDS, GMP

BIONORM
Legal form: Ltd
Address: Paula Lejiņa iela 5A, Rīga, LV-1029, Latvia
Phone: +371 29282080
E-mail: bionormsia@gmail.com
Website: www.osteonorm.lv
Member of the Board: Mr Igors Bahmačevs
Contact: Mr Igors Bahmačevs
Position of the contact person: Member of the Board
Languages spoken: Latvian, English, Russian
Number of employees: 1
Founded in: 2009
Turnover in 2014: EUR 30 000
Turnover in 2013: EUR 20 000
Main markets: Latvia
Business profile: Bionorm produces the Osteonorm® natural food supplement, a natural calcium product. Made from eggshells, it strengthens bones, teeth, hair, nails, and helps fractures heal faster.
Osteonorm® powder, 700g
Osteonorm® tablets, 700mg with natural dried sea-buckthorn, raspberry, cranberry, blackcurrant berries and juice.
Seeking cooperation in: Export market promotion. Distributors, retail chains, department stores, eco shops.
Certificates in use: LR Food and Veterinary Service certificate No AA 076424

BRIZ
Legal form: Ltd
Address: Rasas iela 5, Rīga, LV-1057, Latvia
Phone: +371 67256140
Fax: +371 67803159
E-mail: office@briz.lv
Website: www.briz.lv
Chairman of the Board: Mr Aleksander Dmitriev
Contact: Ms Aleksandra Kozlova
Position of the contact person: Chief Operational Officer
Languages spoken: Latvian, English, German, Russian
Number of employees: 48
Founded in: 1991
Turnover in 2014: EUR 17 000 000
Turnover in 2013: EUR 17 000 000
Export volume 2014: EUR 8 400 000
Export volume 2013: EUR 7 600 000
Main markets: Latvia, Lithuania, Estonia, Bulgaria, Belarus
Business profile: Production of pharmaceuticals, biologically active additives and food supplements, cosmetics, various medical devices, foodstuffs. Distribution and registration of medical products, biologically active additives, cosmetics and perfumery products, medical appointment products. Marketing, logistics, consignment stock services. Certification of series and release on the European market of medical products made outside the European Union. We offer stable growth, mutually beneficial terms of cooperation, a full-service package from introduction to the market and product registration, to marketing and logistics services. All products presented in our product list are of the highest quality, meeting all European-quality and GMP standards.
Seeking cooperation in: Expansion of our production network to the Nordic countries, introduction of high-quality pharmaceuticals, biologically active additives and food supplements, cosmetics to European markets, especially Sweden, Denmark, Norway and Finland. Expansion of the distribution network for our products.
Certificates in use: GMP
CLS TECHNOLOGY
Legal form: Ltd
Address: Antonijas iela 8-10A, Rīga, LV-1010, Latvia
Phone: +371 27336608
E-mail: info@cls.technology
Website: http://cls.technology/

Member of the Board: Mr Morten Sundstoe
Contact: Ms Ilze Bernikova
Position of the contact person: Office Administrator
Languages spoken: Latvian, English, Slovenian, Swedish, Danish, Norwegian, Russian
Number of employees: 8
Founded in: 2014
Main markets: Latvia
Business profile: CLS Technology develops, sells and distributes unique natural active ingredients, and makes finished formulations and products based on these ingredients.
We feel it is important to work only with natural ingredients that are also well documented. Our specialities are immune health, brain health, bone health and cardiac health. Our target markets are food supplements, food ingredients, medical devices, medical-food and cosmetic ingredients.
CLS Technology manufactures high-quality finished products for the supplement, food and cosmetic markets. Over the last few years we have delivered more than 40 ready-to-use consumer products incorporating a minimum of one active ingredient.
Seeking cooperation in: Finding new customers.
Certificates in use: ISO 9001, ISO 14001, ISO 22716 COSMETIC -GMP

CORRECT
Director: Mr Aigars Grinhofs
Contact: Mr Elvis Andersons
Position of the contact person: Export Manager
Languages spoken: Latvian, English, Russian
Number of employees: 3
Founded in: 2005
Turnover in 2014: EUR 101 000
Turnover in 2013: EUR 105 000
Export volume 2014: EUR 37 000
Export volume 2013: EUR 30 000
Main markets: Latvia, UK, Ireland
Business profile: Epsorin Wild Reindeer Velvet Antler Extract. Epsorin is an extract made of new, higher quality wild reindeer horns – antlers. Epsorin affects the body at the cellular level, normalizing various processes, activating cells’ immunity regeneration and metabolism. It also helps stabilize the nervous system and hormonal regulation. Wild reindeer velvet antlers are haematopoietic organs, which have adapted to the harsh Arctic weather, consequently extract made from these antlers possesses unique biological potential.
Seeking cooperation in: Looking for export partners and dealers.

DEIVA
Member of the Board: Mr Andris Malcenieks
Contact: Mr Andris Malcenieks
Position of the contact person: Member of the Board
Languages spoken: Latvian, English, Russian
Number of employees: 7
Founded in: 1997
Turnover in 2014: EUR 445 000
Turnover in 2013: EUR 422 000
Main markets: Latvia, Estonia, Lithuania, Sweden
Seeking cooperation in: Product distribution, promotion and processing.
**DOCTUS**  
Legal form: Farm  
Address: Pāvila iela 22, Cēsis, Cēsu nov., LV-4101, Latvia  
Phone: +371 64120452  
E-mail: arturs_teresko@inbox.lv  
Website: www.fitoterapija.lv  

Owner: Mr Artūrs Tereško  
Contact: Ms Liga Krieviņa  
Position of the contact person: Project Manager  
Languages spoken: Latvian, English, Russian  
Number of employees: 12  
Founded in: 1999  
Turnover in 2014: EUR 422 000  
Turnover in 2013: EUR 417 000  
Main markets: Latvia, UK  
Business profile: Dr. Tereško teas are very popular, recognised and valued, health-improving herbal teas (30 different teas are blended in Latvia, e.g., for the stomach, liver, kidneys, immune system, women, men, etc.).

Teas are blended from herbs collected in natural environments and cultivated organically by local farmers. The company also supplies different species of herbs, oil extractions, daily teas and our latest product – betulin.  
Seeking cooperation in: Dr. Tereško tea products have received a European quality standard certificate and are available for export. As the enterprise continues to grow, the owners are looking forward to the challenge of entering new markets outside Latvia.  
Certificates in use: European Quality Standard Certificate (EC Regulation No. 1881/2006)

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**FELICI**  
Legal form: Ltd  
Address: Skandu iela 7, Rīga, LV-1067, Latvia  
Phone: +371 26824168  
E-mail: alise@musli.lv  
Website: www.gracimuesli.com, www.musli.lv  

Chief Executive Officer: Ms Alise Balgalve  
Contact: Mr Krišjānis Brehmanis  
Position of the contact person: Sales Manager  
Languages spoken: Latvian, English, Russian  
Number of employees: 7  
Founded in: 2012  
Turnover in 2014: EUR 88 000  
Turnover in 2013: EUR 53 000  
Main markets: Latvia  

Business profile: Felici manufactures functional mueslis, porridges and ready meals from sprouted grain. We have developed collaboration with scientists and top food researchers from Latvia and Norway. Our products are sources of protein, have high fibre and omega-3 fatty acid content, but have no added sugar. They contain vitamins from sprouted grain – a source of complex carbohydrates, carefully dried fruit, but no GMO products.  
Seeking cooperation in: We are interested in cooperating with companies in Scandinavia, the Baltic States, Germany, France and the UK.

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**HONESTUM**  
Legal form: Ltd  
Address: Mores iela 2A, Peltes, Siguldas pag., Siguldas nov., LV-2150, Latvia  
Phone: +371 22346189  
E-mail: info@honestum.lv  
Website: www.glycomune.lv  

Member of the Board: Mr Uģis Vītols  
Contact: Mr Andrejs Staķis  
Position of the contact person: Director  
Languages spoken: Latvian, English, Russian  
Number of employees: 3  
Founded in: 2010  
Turnover in 2014: EUR 59 000  
Turnover in 2013: EUR 27 000  
Export volume 2014: EUR 1 000  
Export volume 2013: EUR 3 000  
Main markets: Latvia  

Business profile: Honestum produces food supplements from natural glycopeptides, active compounds developed by the company. We have developed several formulas from natural compounds under the Glycomune brand. Honestum also offers contract manufacturing, specialising in small batches. This includes encapsulation, blistering, packaging and promotional services for the final product.  
Seeking cooperation in: Honestum is focused on foreign markets. We are looking for distributors outside the EU.  
Certificates in use: HACCP
INOVATĪVO
BIOMEDICĪNAS
TEHNOLOGIJU INSTITUTS
(Institute of Innovative Biomedical Technology)
Chairman of the Board: Mr Dmitry Babarykin
Contact: Mr Dmitry Babarykin
Position of the contact person: Chairman of the Board
Languages spoken: Latvian, English, Russian
Founded in: 2001
Turnover in 2014: EUR 572 000
Turnover in 2013: EUR 401 000
Export volume 2014: EUR 261 000
Export volume 2013: EUR 99 000
Main markets: Latvia, Cyprus, Switzerland, Russia
Business profile: Development and manufacturing of innovative, premium-class dietetic foods and food supplements, as well as nutri-cosmetics. Products for people with iron-deficiency anaemia, helicobacteriosis, chronic inflammation, obesity, etc. Products for older people, rejuvenating foods. Our best products are based on fractionated red beetroot juice, including a natural, caffeine-free energy drink, a hot-drink cold/flu treatment. Natural hypoallergenic cosmetic/nutri-cosmetic and antiaging products.
Seeking cooperation in: We are looking for distributors for our products. We also offer private labelling. Some innovative technologies are available for sale or licensing.
Certificates in use: HACCP

LARIFĀNS
Chief Executive Officer: Ms Guna Feldmane
Contact: Ms Alda Silkalne
Position of the contact person: Project Manager
Languages spoken: Latvian, English, Russian
Number of employees: 15
Founded in: 1997
Turnover in 2014: EUR 254 000
Turnover in 2013: EUR 176 000
Export volume 2014: EUR 161 000
Export volume 2013: EUR 97 000
Main markets: CIS, Georgia
Business profile: LARIFAN is a double-stranded RNA (dsRNA) of natural origin that displays high antiviral and immuno-modulating activity. It is used for the prevention and treatment of different viral infections, simultaneously stimulating the body’s immune system. The activated immune system in its turn acquires antitumor and antibacterial activity, also promoting cell-regenerative processes.
The ability to act simultaneously as an antiviral and immuno-modulator gives LARIFAN special value in virology and oncology.
The Larifans company produces the active substance LARIFAN as well pharmaceutical drug preparations, medical devices and cosmetic products containing it. LARIFAN containing products:
Injections – larifan solution for injections
suppositories – larifan SUPO
pessaries – larifan PESO
spray – larifan spray
ointment – larifan UNGO
larifan lip balm
larifan toothpaste
The main advantage of Larifan-containing cosmetic products is that in addition to the usual features characteristic of such products, they also contain a dsRNA possessing antiviral properties. Consequently, these products also possess preventive or healing properties.
Seeking cooperation in: We are looking for distributors, companies dealing in pharmaceutical and cosmetic products.
Certificates in use: The following Larifan products have been granted Free Sale Certificates allowing them to be sold outside the EU: Lip Balm, Toothpaste, Ungo and Spray.
L.Ē.V. (EKSTRAKTU RŪPNĪCA)
Legal form: Ltd
Address: Ekstraktu rūpnīca, Glūdas pag., Jelgavas nov., LV-3040, Latvia
Phone: +371 63077434, +371 63077401, +371 26618808
Fax: +371 63077401
E-mail: marketing@lev-extracts.com, info@lev-extracts.com
Website: www.lev-extracts.com
Chairwoman of the Board: Ms Natalja Mažarova
Contact: Ms Ilze Vītiņa
Position of the contact person: Sales Manager
Languages spoken: Latvian, English, Russian
Number of employees: 15
Founded in: 1994
Turnover in 2014: EUR 443 000
Turnover in 2013: EUR 379 000
Export volume 2014: EUR 215 000
Export volume 2013: EUR 199 000
Main markets: Latvia, Estonia, Lithuania, Belarus, Ukraine
Business profile: The company is the leading herbal extract producer in the Baltic States with more than 30 years’ experience in plant extraction.

LMP
Legal form: Ltd
Address: Vietalvas iela 1, Rīga, LV-1009, Latvia
Phone: +371 67040788
Fax: +371 67040787
E-mail: info@lmp.lv
Website: www.lmp.lv
Chairman of the Board: Mr Jānis Miķelsons
Contact: Mr Jānis Miķelsons
Position of the contact person: Chairman of the Board
Languages spoken: Latvian, English, German, Russian
Number of employees: 17
Founded in: 1992
Turnover in 2014: EUR 1 100 000
Turnover in 2013: EUR 1 000 000
Export volume 2014: EUR 820 000
Export volume 2013: EUR 730 000
Main markets: Latvia, Lithuania, Ukraine, Georgia, Azerbaijan, Kazakhstan, Turkey
Business profile: Manufacturing of liquid and semi-solid drug dosage forms (13 different products) and seven different products with CE marking, registered as medical devices in the EU. Development and manufacturing of new products.
Seeking cooperation in: We are looking for partners who could organise sales and distribution of LMP products, supplying the full range of marketing services: preparation of marketing strategy; organising cooperation with medical wholesalers, drugstore chains, pharmacists and doctors; execution of publicity activities; and production of publicity materials.
Certificates in use: GMP

MEŽMALAS-1
Legal form: Farm
Address: “Lejas Mežmalas”, Brandelī, Kocēnu pag., Kocēnu nov., LV-4220, Latvia
Phone: +371 26373938
E-mail: zase_z@inbox.lv
Owner: Ms Zaiga Auniņa
Contact: Ms Zaiga Auniņa
Position of the contact person: Owner
Languages spoken: Latvian, English, Russian
Number of employees: 1
Founded in: 1995
Main markets: Latvia
Business profile: Production of sea-buckthorn juice. The peel and seeds are dried and used as teas or milled into a powder, used as a food supplement and additive. Products: sea-buckthorn oil, which has excellent healing properties, sea buckthorn-pumpkin jam.
Seeking cooperation in: Finding markets outside Latvia.
Certificates in use: Organic certificate (in the manufacturing process)
**NORTHEN TREATS**
Legal form: Ltd
Address: “Mežnoras”,
Baltezers, Ādažu nov.,
LV-2164, Latvia
Phone: +371 28682340
E-mail: oskars.mickevics@kiinproducts.com
Website: www.kiinproducts.com
Member of the Board: Ms Vita Šteina
Contact: Mr Oskars Mickevičs
Position of the contact person: Member of Board
Languages spoken: Latvian, English, German, Russian
Number of employees: 3
Founded in: 2013
Main markets: Latvia
Seeking cooperation in: Looking for retail and wholesale cooperation.
Certificates in use: Environmental quality certificate, Free Sale Certificate, Health certificate

**ONPLATE**
Legal form: Ltd
Address: Smilšu iela 9 k-1 -18, Baloži, Ķekavas nov.,
LV-2112, Latvia
Phone: +371 29438866
E-mail: tatjana@onplate.lv,
liga@onplate.lv
Website: www.onplate.eu
Member of the Board: Ms Liga Balode
Contact: Ms Tatjana Tepo
Position of the contact person: Owner
Languages spoken: Latvian, English, Russian
Founded in: 2014
Main markets: Latvia
Business profile: The OnPlate healthy eating plate is made in Latvia and was developed on the basis of dietary guidelines. The plate is a diagrammatic representation of healthy eating and was designed by experienced nutritionists.
OnPlate is divided into sections, each one representing a nutrient group, so providing portion-size guidelines. The product package contains an OnPlate healthy eating plate, a sample diet and a list of recommended products that will help you to achieve your goal – healthy eating! The OnPlate healthy eating plate will help you to:
• Stay within daily calorie needs
• Get the most nutrition out of calories
• Make smart choices from every food group
• Attain and maintain healthy weigh
Seeking cooperation in: Nutrition professionals (nutritionists, dietitians, public health specialists, etc.) Healthcare institutions, schools, universities, health offices, etc.

**RĪGAS FARMACEITISKA FABRIKA**
Legal form: JSC
Address: Duntes iela 16/22,
Rīga, LV-1005, Latvia
Phone: +371 67355550
Fax: +371 67355551
E-mail: rff@rff.lv
Website: www.rff.lv
Chairman of the Board: Mr Kaspars Bāliņš
Contact: Mr Jānis Lieģis
Position of the contact person: Export Manager
Languages spoken: Latvian, English, Russian
Number of employees: 67
Founded in: 1963
Turnover in 2014: EUR 2 100 000
Turnover in 2013: EUR 2 300 000
Export volume 2014: EUR 200 000
Export volume 2013: EUR 163 000
Main markets: Latvia, Lithuania, Estonia, Greece, Hungary, Norway, Albania, Georgia, Kazakhstan
Business profile: RIGAS FARMACEITISKA FABRIKA is a manufacturer of galenic products, soft pharmaceuticals and herbal drugs and teas. Our range consists of more than 140 products, including tinctures, drops, liquid extracts, sprays, syrups, alcoholic and oil solutions of pharmaceuticals, liniments, ointments, herbal drugs and their composite mixtures. Rīgas Farmaceitiska Fabrika also offers contract-manufacturing services in accordance with EU GMP requirements for the following forms of products: liquid extracts, tinctures, sprays, syrups, gels, ointments and creams.
Seeking cooperation in: We are looking for distributors of our products. We also offer contract production services meeting the requirements of EU GMP standards.
Certificates in use: EU GMP
SILVANOLS
Legal form: Ltd
Address: Kurbada iela 2A,
Riga, LV-1009, Latvia
Phone: +371 67142829
Fax: +371 67142829
E-mail: export@silvanols.lv
Website: www.silvanols.lv
Chairman of the Board: Mr Artjoms Borcys
Contact: Ms Liva Pildava
Position of the contact person: Export Manager
Languages spoken: Latvian, English, French, Russian
Number of employees: 54
Founded in: 1994
Turnover in 2014: EUR 3 200 000
Turnover in 2013: EUR 2 700 000
Export volume 2014: EUR 1 100 000
Export volume 2013: EUR 960 000
Main markets: Latvia, Estonia, Lithuania, Poland, Romania, Greece, Czech Republic, Belarus, Georgia

Business profile: SILVANOLS has been developing and producing food supplements, medical devices and OTC medicines from natural ingredients for more than 20 years. We are the domestic market leader in phyto-pharmaceuticals, specialising in products for children’s, cold and respiratory system, mental and nervous system, digestive, cardiovascular and eye health. Our products are available in various forms: tablets, capsules, sprays, liquid balms, drops and gels. SILVANOLS products are completely natural, free of lactose, gluten and GMO products, and are safe for children. Quality, efficacy and safety for children has been approved by the Latvian Paediatric Association. We export to 15 countries across Europe and Central Asia. Seeking cooperation in: Looking for partners for sales and distribution of SILVANOLS products. Offered services: contract manufacturing, private labelling. Certificates in use: ISO 9001, ISO 13485, ISO 22000, EU GMP

SOLEPHARM
Legal form: Ltd
Address: Eksporta iela 12-114,
Riga, LV-1045, Latvia
Phone: +371 29484403
E-mail: info@solepharm.com
Website: www.solepharm.com
Chief Executive Officer: Mr Juris Ozols
Contact: Ms Zane Sulutaura
Position of the contact person: Head of Administrative Department
Languages spoken: Latvian, English, Russian
Number of employees: 20
Founded in: 2008
Turnover in 2014: EUR 580 000
Turnover in 2013: EUR 310 000
Export volume 2014: EUR 229 000
Export volume 2013: EUR 165 000
Main markets: Latvia, Lithuania, Estonia, Finland, Poland, Ukraine, Moldova, Georgia, Azerbaijan

Business profile: Solepharm manufactures pharmaceutical products that are developed in cooperation with doctors, pharmacists and scientific institutions while guaranteeing outstanding quality and an individual approach to each customer, reseller and partner. Solepharm products contain herbal extracts, vitamins and trace elements whose effectiveness has been proved in clinical trials and daily practice. The company’s main directions are the development of high-quality original products and their production using advanced scientific technologies. Seeking cooperation in: As a growing pharmaceutical manufacturer, Solepharm is looking for distribution partners in European Union and Middle East countries. Currently, the company has successfully entered nine European countries’ markets, but we continuously seek new expansion opportunities. Certificates in use: ISO 22000, GMP, Ecocert
JLU TECHNOLOGIES
Legal form: Ltd
Address: Pulka iela 3, Riga, LV-1007, Latvia
Phone: +371 67089631
Fax: +371 67089631
E-mail: info@jlutechnologies.com
Website: http://ambelika.lv

Chief Executive Officer: Ms Inga Lyashenko
Contact: Ms Inga Lyashenko
Position of the contact person: Chief Executive Officer
Languages spoken: Latvian, English, Russian
Number of employees: 3
Founded in: 2008
Turnover in 2014: EUR 26 000
Turnover in 2013: EUR 71 000
Export volume 2014: EUR 4 000
Export volume 2013: EUR 3 000
Main markets: European countries

Business profile: JLU Technologies has been researching Baltic amber for a number of years and successfully developed technology for the micronisation and purification of amber. The resulting product – pure amber powder of specific particle size and shape – can be used efficaciously in cosmetology. It has been scientifically proven that amber powder causes no allergic reactions and can safely be used for cosmetic purposes. The company has patented its amber-processing technology. As the company’s activities also include the production of bio-textiles, the amber powder was used to create amber-composite fibres. The company is currently preparing trial samples of amber-composite fibres which will be available for sale.
Seeking cooperation in: We are interested in cooperation with textile and manufacturing companies.

MEDITEKS
Legal form: Ltd
Address: Aristida Briāna iela 9 k-1, Riga, LV-1001, Latvia
Phone: +371 67450805
Fax: +371 67450805
E-mail: mediteks@mail.eunet.lv
Website: www.mediteks.lv

Chairwoman of the Board: Mr Valery Bocharov
Contact: Ms Natalia Bocharova
Position of the contact person: Member of the Board
Languages spoken: Latvian, English, Spanish, Russian
Number of employees: 13
Founded in: 1997
Turnover in 2014: EUR 368 000
Turnover in 2013: EUR 374 000
Export volume 2014: EUR 181 000
Export volume 2013: EUR 191 000
Main markets: EU

Business profile: Mediteks is a contemporary company producing medical cotton wool (absorbent cotton) from pure cotton and selling a range of dressing materials (bandages, swabs). All our products are CE marked. The majority of what we produce is exported to European Union countries. In Latvia, our products go to hospitals, clinics and pharmacy chains. Our range of absorbent-cotton products includes more than 25 types, including ophthalmic, surgical, cosmetic, veterinarian, folded in zig-zags or rolls. We supply private-label absorbent-cotton products in line with customers’ orders. Our products have been awarded prizes, diplomas and certificates in the Made in Latvia competition and named as Best Export Product by the Latvian Chamber of Trade and Investment and the Development Agency of Latvia. Mediteks participates in exhibitions in Latvia and abroad.
Seeking cooperation in: We care for the of health our customers and invite cooperation from wholesale medical, veterinarian and cosmetic trade organizations, hospitals, clinics and medical centres.
TONUS ELAST
Legal form: Ltd
Address: "Pilskalni", Nicas pag., Nicas nov., LV-3473, Latvia
Phone: +371 63431547
Fax: +371 63431280
E-mail: info@tonus.lv
Website: www.tonus.lv

Chairwoman of the Board: Ms Dace Mihņenoka
Contact: Ms Rita Miņina
Position of the contact person: Commercial Specialist
Languages spoken: Latvian, English, Russian
Number of employees: 183
Founded in: 1995
Turnover in 2014: EUR 6 900 000
Turnover in 2013: EUR 8 500 000
Export volume 2014: EUR 5 900 000
Export volume 2013: EUR 8 000 000
Main markets: UK, Switzerland, Russia, Belarus, Kazakhstan, Georgia, Moldova, Armenia, Ukraine, India, etc.

Business profile: Elastic medical bandages and dressings, belts, posture correctors and fixers, products for women (support belts for expectant mothers, briefs for expectant mothers, bras for expectant mothers, bras for nursing mothers, postnatal briefs, corsets), Fashion line products for women (bras for nursing mothers and postnatal briefs), seamless underwear for women, rehabilitation products for women (bras, compression sleeves, postnatal briefs, breast prostheses), neoprene products (fixers, belts and supports for knees, wrists, elbows, feet), compression products.
Seeking cooperation in: Distributors, retail chains, sports and medical goods stores, pharmacies worldwide
Certificates in use: ISO 9001
Useful Addresses

LATVIJAS REPUBLIKAS VESELĪBAS MINISTRIJA
MINISTRY OF HEALTH OF THE REPUBLIC OF LATVIA
Address: Brīvības iela 72, Rīga, LV-1011, Latvia
Phone: +371 67876000
Fax: +371 67876002
E-mail: vm@vm.gov.lv
Website: www.vm.gov.lv

LATVIJAS NACIONĀLAI VESELĪBAS DIENESTS
LATVIAN NATIONAL HEALTH SERVICE
Address: Ķēsu iela 31 k-3, Rīga, LV-1012, Latvia
Phone: +371 67043700
Fax: +371 67043701
E-mail: vmnvd@vmnvd.gov.lv
Website: www.vmnvd.gov.lv

RĪGAS STRADĪNA UNIVERSITĀTE
RĪGA STRADIŅŠ UNIVERSITY
Adresse: Dzirciema iela 16, Rīga, LV-1007, Latvia
Phone: +371 67409105
Fax: +371 67471815
E-mail: rsu@rsu.lv, infocentrs@rsu.lv
Website: www.rsu.lv

RĪGAS STRADĪNA UNIVERSITĀTES AUGUSTA KIRHENŠTEINA
MIKROBIOLOGIJAS UN VIRUSOLOGIJAS INSTITUTS
AUGUST KIRCHENSTEIN INSTITUTE OF MICROBIOLOGY
AND VIROLOGY, RĪGA STRADIŅŠ UNIVERSITY
Address: Zinātniskais centrs “Kleisti”, Rātsupītes iela 5, Rīga, LV-1067, Latvia
Phone: +371 67426197, +371 67427920
Fax: +371 67428036
E-mail: modramuromska@rsu.lv

RĪGAS TEHNISKĀS UNIVERSITĀTES RŪDOLFA CIMDIŅA
RĪGAS BIOMATERIALĀLU INNOVĀCIJU UN ATTĪSTĪBAS CENTRAS
RUDOLFS CIMDIŅŠ RIGA BIOMATERIALS INNOVATION
AND DEVELOPMENT CENTRE, RIGA TECHNICAL UNIVERSITY
Address: Pulka iela 3, Rīga, LV-1007, Latvia
Phone: +371 67089628
Fax: +371 67089619
E-mail: dagnija.loc@rtu.lv
Website: http://vkti.rtu.lv/en
Contact: Dr.sc.ing. Dagnija Loča

RĪGAS TEHNISKĀS UNIVERSITĀTES BIOMEDICĪNAS
INZENIERZINĀTNĪBU UN NANOTEHNOLOGIJU INSTITUTS
INSTITUTE OF BIOMEDICAL ENGINEERING AND
NANOTECHNOLOGIES, RIGA TECHNICAL UNIVERSITY
Address: Ezermalas iela 6k, Rīga, LV-1006, Latvia
Phone: +371 67089383
Fax: +371 67089732
E-mail: bini@rtu.lv
Website: http://bini.rtu.lv/en/

LATVIJAS BIOMEDICĪNAS PĒTĪJUMU UN STUDIJU CENTRS
LATVIAN BIOMEDICAL RESEARCH AND STUDY CENTRE
Address: Rātsupītes iela 1, Rīga, LV-1067, Latvia
Phone: +371 67808200
Fax: +371 67442407
E-mail: BMC@biomed.lu.lv
Website: http://bmc.biomed.lu.lv

LATVIJAS KLĪNISKO PĒTĪJUMU ASOCIĀCIA
LATVIAN ASSOCIATION OF CLINICAL RESEARCH
Address: Birzgales iela 12, Ogre, Ogres nov., LV-5001, Latvia
Phone: +371 29450000
E-mail: lkp@lkp.lv
Website: www.lkp.lv
Contact: Mr Pēteris Ersts

LATVIAN HEALTH TOURISM CLUSTER
Phone: +371 67147906
Fax: +371 67147901
E-mail: guntau@jpd.gov.lv
Website: www.healthtravellatvia.lv
Contact: Gunta Ušpele (Head of cluster)
The mission of the Investment and Development Agency of Latvia (LIAA) is to promote growth of the economy of Latvia. Accordingly, the objective of LIAA is to promote business development by facilitating increased foreign investment, while elevating the competitiveness of Latvian entrepreneurs in both domestic and foreign markets.

With more than 20 years of experience in attracting of foreign direct investment to Latvia and promoting foreign trade, the Agency has worked continually to improve the business environment and provide services appropriate to the needs of business.

Following Latvia's accession to the EU in 2004, the Agency adopted new methods and tools, including the effective utilisation of resources from EU Structural funds. Today, LIAA offers an integrated solution – it supports companies in Latvia trading internationally as well as overseas businesses seeking partners or locations in Latvia and administers state support programmes for entrepreneurs co-financed from EU Structural funds.

To ensure high quality communication with customers the Agency has representative offices in Baku (Azerbaijan), Minsk (Belarus), Beijing and Shanghai (China), Copenhagen (Denmark), Helsinki (Finland), Paris (France), Berlin (Germany), Rome (Italy), Tokyo (Japan), Almaty (Kazakhstan), Vilnius (Lithuania), The Hague (the Netherlands), Oslo (Norway), Warsaw (Poland), Moscow (Russia), Singapore, Stockholm (Sweden), Dubai (UAE), London (UK) and Kiev (Ukraine).

An ability to anticipate the rapidly changing needs of businesses and markets by offering new services characterises the Agency’s own competitiveness, built on the knowledge and competencies of our experienced specialists. LIAA pays close attention to the quality of its own performance, comparing it with world best practices, and subsequently introducing new services and solutions for our customers.

In, 2013, LIAA received UNCTAD’s (United Nations Conference on Trade and Development) Investment Promotion Award for Excellence in Promoting Export-oriented FDI in recognition of the high quality of our services. Today, LIAA continues to uphold its high professional standards, attracting FDI projects in a highly competitive global market.

We look forward to helping your company to succeed in Latvia.
Representative Offices of Investment and Development Agency of Latvia

Representative Office in Azerbaijan
Phone: +371 29155102
E-mail: az@liaa.gov.lv

Representative Office in Belarus
Embassy of the Republic of Latvia
ул. Дорожевская 6а, Минск 220013, Belarus
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